

UFO HUB

LIVE STREAM



1
00:00:04,150 --> 00:01:05,109

[Music]

2
00:01:09,190 --> 00:01:07,190

hey everyone welcome to ufo hub

3
00:01:11,590 --> 00:01:09,200

livestream today's guest is going to be

4
00:01:13,670 --> 00:01:11,600

judy carroll and we will be talking

5
00:01:15,990 --> 00:01:13,680

about her lifelong experiences with the

6
00:01:17,830 --> 00:01:16,000

zetans and she's also written several

7
00:01:20,789 --> 00:01:17,840

books and i'm hoping to get into all

8
00:01:23,350 --> 00:01:20,799

those different subjects with her uh for

9
00:01:26,550 --> 00:01:23,360

uh those of you that are new at to this

10
00:01:28,469 --> 00:01:26,560

time we're usually on at seven but uh

11
00:01:31,510 --> 00:01:28,479

judy is actually live from australia

12
00:01:33,270 --> 00:01:31,520

with us today so i'm wanting to oblige

13
00:01:35,270 --> 00:01:33,280

and wanted to be able to do the show

14

00:01:38,230 --> 00:01:35,280

with her so that's why we're doing a bit

15

00:01:40,069 --> 00:01:38,240

of a later date or i should say time but

16

00:01:41,830 --> 00:01:40,079

if you have some questions for judy

17

00:01:44,069 --> 00:01:41,840

later on um

18

00:01:46,630 --> 00:01:44,079

you can either submit the question on

19

00:01:47,350 --> 00:01:46,640

twitch or youtube chat please make sure

20

00:01:49,910 --> 00:01:47,360

to

21

00:01:51,990 --> 00:01:49,920

put down the three asterisks first

22

00:01:54,950 --> 00:01:52,000

before your question so that i know it's

23

00:01:57,830 --> 00:01:54,960

meant for judy and also you can talk to

24

00:02:00,389 --> 00:01:57,840

judy directly via asking a question

25

00:02:02,469 --> 00:02:00,399

using telegram

26

00:02:04,630 --> 00:02:02,479

the link for the ufo hub group is in the

27

00:02:06,789 --> 00:02:04,640

description below you can download

28

00:02:08,550 --> 00:02:06,799

telegram on your phone or the computer

29

00:02:10,710 --> 00:02:08,560

and you'll see a

30

00:02:12,630 --> 00:02:10,720

voice chat going on there right now so

31

00:02:14,949 --> 00:02:12,640

we're basically streaming on youtube

32

00:02:18,710 --> 00:02:14,959

streaming on twitch and voice only or

33

00:02:20,710 --> 00:02:18,720

over uh telegram so anyway that's uh

34

00:02:23,110 --> 00:02:20,720

pretty much it so without any further

35

00:02:25,670 --> 00:02:23,120

ado let me uh bring judy in

36

00:02:27,990 --> 00:02:25,680

judy welcome thanks for being on

37

00:02:29,430 --> 00:02:28,000

hi adam it's lovely to be here thank you

38

00:02:31,910 --> 00:02:29,440

for having me

39

00:02:33,430 --> 00:02:31,920

well i'm glad that we're able uh to make

40

00:02:35,910 --> 00:02:33,440

this happen and

41

00:02:37,750 --> 00:02:35,920

as i was making the joke earlier this is

42

00:02:40,309 --> 00:02:37,760

my second time to be talking to a time

43

00:02:42,790 --> 00:02:40,319

traveler because uh you are 16 hours

44

00:02:44,309 --> 00:02:42,800

ahead and it's what 1 pm on a friday

45

00:02:47,190 --> 00:02:44,319

already there

46

00:02:49,670 --> 00:02:47,200

yes it is that's exactly right and yes

47

00:02:52,309 --> 00:02:49,680

you've got a nice future ahead of you

48

00:02:54,869 --> 00:02:52,319

good deal because as i was my my first

49

00:02:57,910 --> 00:02:54,879

guest was mary rodwell a pre-recorded

50

00:02:59,509 --> 00:02:57,920

interview and we did that um also time

51
00:03:00,790 --> 00:02:59,519
delayed and i told her if something is

52
00:03:02,830 --> 00:03:00,800
happening in the future you tell me

53
00:03:06,949 --> 00:03:02,840
right

54
00:03:09,030 --> 00:03:06,959
yes okay well uh judy what i basically

55
00:03:10,630 --> 00:03:09,040
just wanted to uh the way i'd like to

56
00:03:12,309 --> 00:03:10,640
start out especially with first time

57
00:03:14,229 --> 00:03:12,319
guest if you could please give me a

58
00:03:15,110 --> 00:03:14,239
little bit of background about yourself

59
00:03:16,790 --> 00:03:15,120
and

60
00:03:19,030 --> 00:03:16,800
how you generally

61
00:03:21,350 --> 00:03:19,040
started out with your experiences or the

62
00:03:23,270 --> 00:03:21,360
things you do today and so we can then

63
00:03:24,149 --> 00:03:23,280

go from there

64

00:03:27,190 --> 00:03:24,159

yes

65

00:03:29,509 --> 00:03:27,200

no worries um i actually came into this

66

00:03:30,550 --> 00:03:29,519

life i made a pre-birth choice of coming

67

00:03:33,750 --> 00:03:30,560

in as

68

00:03:35,509 --> 00:03:33,760

what's known as a dual or a melded uh

69

00:03:36,390 --> 00:03:35,519

soul consciousness

70

00:03:38,070 --> 00:03:36,400

and

71

00:03:40,390 --> 00:03:38,080

i made preparation for this actually

72

00:03:42,390 --> 00:03:40,400

before births and the reason why i did

73

00:03:44,869 --> 00:03:42,400

this was because

74

00:03:47,350 --> 00:03:44,879

the work i plan to carry out down here

75

00:03:50,630 --> 00:03:47,360

which is part of my mission is to act

76
00:03:53,830 --> 00:03:50,640
like a bridge or an ambassador between

77
00:03:56,229 --> 00:03:53,840
earth plain humanity and the greys

78
00:03:59,910 --> 00:03:56,239
so before birth i

79
00:04:01,670 --> 00:03:59,920
um linked energetically into both of the

80
00:04:04,550 --> 00:04:01,680
collectives both the earth human

81
00:04:07,589 --> 00:04:04,560
collective and the grey collective uh so

82
00:04:09,190 --> 00:04:07,599
that i carry the vibration of both races

83
00:04:11,110 --> 00:04:09,200
generally when people are coming in they

84
00:04:13,030 --> 00:04:11,120
just link into a one planetary

85
00:04:15,509 --> 00:04:13,040
collective i linked into two and there's

86
00:04:17,430 --> 00:04:15,519
several of us here who have done this

87
00:04:19,349 --> 00:04:17,440
susie hanson in new zealand as another

88
00:04:22,310 --> 00:04:19,359

dual soul person

89

00:04:25,030 --> 00:04:22,320

so um prior to coming in i made this

90

00:04:28,790 --> 00:04:25,040

connection between the two but i also

91

00:04:30,870 --> 00:04:28,800

specifically planned to close off my off

92

00:04:33,670 --> 00:04:30,880

planet conscious

93

00:04:35,909 --> 00:04:33,680

awareness before i came in because i

94

00:04:40,310 --> 00:04:35,919

wanted to fully experience what it was

95

00:04:42,950 --> 00:04:40,320

like to be an earth human and to have 80

96

00:04:45,350 --> 00:04:42,960

contact through childhood but not to

97

00:04:47,350 --> 00:04:45,360

have the conscious understanding of it

98

00:04:50,070 --> 00:04:47,360

because i specifically wanted to

99

00:04:51,909 --> 00:04:50,080

experience the fear involved i know that

100

00:04:54,230 --> 00:04:51,919

a lot of people suffer from terrible

101
00:04:55,990 --> 00:04:54,240
fear who are going through contact

102
00:04:57,749 --> 00:04:56,000
particularly with the grays because the

103
00:04:59,270 --> 00:04:57,759
rays do look different

104
00:05:01,590 --> 00:04:59,280
um and i

105
00:05:03,990 --> 00:05:01,600
allowed myself to experience that fear

106
00:05:06,070 --> 00:05:04,000
through childhood so that now when i'm

107
00:05:08,710 --> 00:05:06,080
dealing with someone who's um having

108
00:05:11,189 --> 00:05:08,720
this fear i understand i empathize i

109
00:05:13,990 --> 00:05:11,199
exactly know where they're coming from

110
00:05:16,469 --> 00:05:14,000
so all through my childhood the huge

111
00:05:18,550 --> 00:05:16,479
fear i had i had a fear of the dark

112
00:05:20,629 --> 00:05:18,560
terrified someone was going to come into

113
00:05:22,870 --> 00:05:20,639

the house and take me because i was

114

00:05:26,230 --> 00:05:22,880

having contact but i couldn't remember

115

00:05:28,150 --> 00:05:26,240

who with um i remember being taken up

116

00:05:31,189 --> 00:05:28,160

the street on the street one night by a

117

00:05:33,670 --> 00:05:31,199

very tall female being that i thought of

118

00:05:36,390 --> 00:05:33,680

as my grandmother but

119

00:05:38,550 --> 00:05:36,400

when i asked my grandmother about it she

120

00:05:41,430 --> 00:05:38,560

had no idea what i was talking about and

121

00:05:43,990 --> 00:05:41,440

this tall female being took me to what

122

00:05:46,870 --> 00:05:44,000

my child's mind perceived as being a

123

00:05:48,950 --> 00:05:46,880

train station and we boarded a train

124

00:05:49,830 --> 00:05:48,960

but in actual fact i was taken onto a

125

00:05:52,310 --> 00:05:49,840

ship

126

00:05:56,230 --> 00:05:52,320

um and apparently this used to happen

127

00:05:58,550 --> 00:05:56,240

quite regularly um but because of my um

128

00:06:00,950 --> 00:05:58,560

not being able to quite link into my et

129

00:06:03,590 --> 00:06:00,960

side at that stage it just came through

130

00:06:05,350 --> 00:06:03,600

as fear i had all the usual fears that

131

00:06:08,390 --> 00:06:05,360

people do who are having contact with

132

00:06:10,870 --> 00:06:08,400

the greys i i've had a fear of dolls

133

00:06:13,909 --> 00:06:10,880

um a fear of puppets you know with this

134

00:06:16,950 --> 00:06:13,919

stick thing thin sort of limbs i had a

135

00:06:19,029 --> 00:06:16,960

thing about eyes i was scared of eyes

136

00:06:20,710 --> 00:06:19,039

which sound really really weird but

137

00:06:22,309 --> 00:06:20,720

people who've been through fear with the

138

00:06:23,350 --> 00:06:22,319

greys will understand what i'm talking

139

00:06:26,790 --> 00:06:23,360

about

140

00:06:29,590 --> 00:06:26,800

um at age 15 i had a

141

00:06:31,670 --> 00:06:29,600

paralysis experience a sleep paralysis

142

00:06:34,309 --> 00:06:31,680

experience which again is very very

143

00:06:37,590 --> 00:06:34,319

typical of vt contact

144

00:06:40,150 --> 00:06:37,600

and during that experience um was when i

145

00:06:42,150 --> 00:06:40,160

started being awakened to who i really

146

00:06:44,469 --> 00:06:42,160

was and you know great

147

00:06:47,590 --> 00:06:44,479

eating side of my consciousness

148

00:06:49,990 --> 00:06:47,600

and i connected with a teacher who i

149

00:06:52,870 --> 00:06:50,000

later came to know as morris

150

00:06:54,469 --> 00:06:52,880

now i didn't at that stage realize that

151

00:06:56,629 --> 00:06:54,479

he was an et

152

00:06:59,029 --> 00:06:56,639

um in australia there was just nothing

153

00:07:00,870 --> 00:06:59,039

like that back then we didn't have the

154

00:07:03,430 --> 00:07:00,880

roswell

155

00:07:06,070 --> 00:07:03,440

event that you folks in america had

156

00:07:08,550 --> 00:07:06,080

so bts just weren't a part of our

157

00:07:11,909 --> 00:07:08,560

society or our knowledge or anything

158

00:07:14,950 --> 00:07:11,919

um so what i how i got my head around it

159

00:07:18,150 --> 00:07:14,960

was i thought of him as being a david

160

00:07:19,589 --> 00:07:18,160

soul as nature spirit um this felt

161

00:07:22,790 --> 00:07:19,599

comfortable with me i knew he wasn't

162

00:07:25,749 --> 00:07:22,800

human but to me he was a nature spirit

163

00:07:29,350 --> 00:07:25,759

so anyway mars helped me quite a lot

164

00:07:32,150 --> 00:07:29,360

from age 15 he guided me into becoming a

165

00:07:34,950 --> 00:07:32,160

professional dancer um with that with a

166

00:07:37,430 --> 00:07:34,960

view to down the track when this sort of

167

00:07:38,390 --> 00:07:37,440

thing would really help me with my work

168

00:07:40,870 --> 00:07:38,400

and

169

00:07:42,550 --> 00:07:40,880

because i want i was all pretty a pretty

170

00:07:44,550 --> 00:07:42,560

birth choice

171

00:07:46,950 --> 00:07:44,560

and i was born into a family my

172

00:07:49,589 --> 00:07:46,960

great-grandmother was a flamenco dancer

173

00:07:50,710 --> 00:07:49,599

and also a psychic medium in the gypsy

174

00:07:52,869 --> 00:07:50,720

tradition

175

00:07:56,150 --> 00:07:52,879

and what i didn't realize until many

176

00:07:59,510 --> 00:07:56,160

many years later um the flamenco dance

177

00:08:02,469 --> 00:07:59,520

is part of the shamanic tradition

178

00:08:05,270 --> 00:08:02,479

and so my training in that

179

00:08:08,150 --> 00:08:05,280

taught me how to go into a trance state

180

00:08:11,350 --> 00:08:08,160

while still doing something physical

181

00:08:12,869 --> 00:08:11,360

um in the spanish tradition or spanish

182

00:08:15,430 --> 00:08:12,879

gypsy tradition

183

00:08:18,070 --> 00:08:15,440

when a flamenco dancer performs they

184

00:08:20,790 --> 00:08:18,080

speak of the duende coming upon them and

185

00:08:23,350 --> 00:08:20,800

this word actually means spirit and it

186

00:08:25,749 --> 00:08:23,360

means like going into a trance state and

187

00:08:26,469 --> 00:08:25,759

because it has shamanic roots

188

00:08:33,589 --> 00:08:26,479

the

189

00:08:36,230 --> 00:08:33,599

i learned to do this very very quickly

190

00:08:38,230 --> 00:08:36,240

some dancers never achieve it but

191

00:08:40,230 --> 00:08:38,240

i actually learned it very very fast

192

00:08:41,190 --> 00:08:40,240

right from the age of 15

193

00:08:43,829 --> 00:08:41,200

and

194

00:08:46,310 --> 00:08:43,839

i did a lot of hard training so i had to

195

00:08:47,990 --> 00:08:46,320

learn to maintain this trance state

196

00:08:49,990 --> 00:08:48,000

while at the same time doing very

197

00:08:50,870 --> 00:08:50,000

intricate footwork and playing caster

198

00:08:52,949 --> 00:08:50,880

nets

199

00:08:55,030 --> 00:08:52,959

and what this was doing it was actually

200

00:08:56,550 --> 00:08:55,040

balancing the left and right hemispheres

201
00:08:59,430 --> 00:08:56,560
of my brain

202
00:09:02,389 --> 00:08:59,440
and this came to my aim many many years

203
00:09:04,870 --> 00:09:02,399
later when i learned to channel and i

204
00:09:07,590 --> 00:09:04,880
was trying learning to do automatic

205
00:09:09,910 --> 00:09:07,600
writing and so i can place myself into

206
00:09:12,550 --> 00:09:09,920
an altered state to receive messages

207
00:09:14,949 --> 00:09:12,560
from what i call upstairs my family and

208
00:09:17,030 --> 00:09:14,959
i can write it down at the same time so

209
00:09:18,230 --> 00:09:17,040
this early training was absolutely

210
00:09:21,110 --> 00:09:18,240
brilliant

211
00:09:22,949 --> 00:09:21,120
at age 30 i

212
00:09:24,070 --> 00:09:22,959
experienced the full

213
00:09:26,550 --> 00:09:24,080

daytime

214

00:09:28,150 --> 00:09:26,560

contact experience

215

00:09:30,070 --> 00:09:28,160

with grey's i

216

00:09:31,509 --> 00:09:30,080

went to lie down in the afternoon i was

217

00:09:33,269 --> 00:09:31,519

feeling a bit off collar and i went to

218

00:09:36,310 --> 00:09:33,279

lie down upstairs

219

00:09:38,310 --> 00:09:36,320

and went into an altered state with a

220

00:09:40,630 --> 00:09:38,320

strange sort of roaring buzzing sound

221

00:09:41,829 --> 00:09:40,640

going into in my head and the body

222

00:09:43,910 --> 00:09:41,839

paralysis

223

00:09:47,110 --> 00:09:43,920

and the next thing i became aware of was

224

00:09:49,269 --> 00:09:47,120

three greys in the room and they were so

225

00:09:50,790 --> 00:09:49,279

3d solid they were actually blocking the

226
00:09:53,269 --> 00:09:50,800
lights from a window they were standing

227
00:09:55,910 --> 00:09:53,279
between me and the window

228
00:09:59,190 --> 00:09:55,920
and as soon as i saw them i recognized

229
00:10:01,590 --> 00:09:59,200
them as family and all traces of fear

230
00:10:04,310 --> 00:10:01,600
just fell away completely

231
00:10:06,949 --> 00:10:04,320
and they had a long talk we had a long

232
00:10:09,190 --> 00:10:06,959
talk together when they explained to me

233
00:10:10,630 --> 00:10:09,200
that i would have to come back into the

234
00:10:12,710 --> 00:10:10,640
city we were living in the country at

235
00:10:14,150 --> 00:10:12,720
the time they said it's time for you to

236
00:10:16,470 --> 00:10:14,160
get back to work you've got to stop

237
00:10:17,990 --> 00:10:16,480
hiding yourself away out here and they

238
00:10:20,870 --> 00:10:18,000

told me that i needed to learn

239

00:10:23,030 --> 00:10:20,880

meditation but because i was a dancer

240

00:10:25,350 --> 00:10:23,040

and therefore a very active person they

241

00:10:27,590 --> 00:10:25,360

advised me to learn tai chi

242

00:10:29,430 --> 00:10:27,600

um which i had never even heard of so

243

00:10:32,310 --> 00:10:29,440

they explained to me it's something like

244

00:10:34,630 --> 00:10:32,320

yoga but it's moving and what i didn't

245

00:10:36,710 --> 00:10:34,640

know at the time tai chi is known as

246

00:10:37,670 --> 00:10:36,720

moving meditation

247

00:10:39,990 --> 00:10:37,680

so

248

00:10:41,910 --> 00:10:40,000

over the next three years

249

00:10:43,030 --> 00:10:41,920

everything fell into place we moved back

250

00:10:44,870 --> 00:10:43,040

to town

251
00:10:47,190 --> 00:10:44,880
i found tai chi

252
00:10:49,829 --> 00:10:47,200
classes around the corner

253
00:10:52,069 --> 00:10:49,839
i found a meditation group i was invited

254
00:10:54,470 --> 00:10:52,079
to join a meditation group

255
00:10:56,230 --> 00:10:54,480
and the grey family also told me that i

256
00:10:58,710 --> 00:10:56,240
had to learn an alternative type of

257
00:11:01,430 --> 00:10:58,720
natural healing and this also came to

258
00:11:02,630 --> 00:11:01,440
pass through reiki when i was introduced

259
00:11:05,110 --> 00:11:02,640
to reiki

260
00:11:06,790 --> 00:11:05,120
um i sat in the meditation circle for

261
00:11:08,870 --> 00:11:06,800
about eight years training and

262
00:11:12,069 --> 00:11:08,880
channeling and automatic writing

263
00:11:14,230 --> 00:11:12,079

and this was when the books and messages

264

00:11:15,829 --> 00:11:14,240

started coming through that i took down

265

00:11:18,310 --> 00:11:15,839

through the writing

266

00:11:20,470 --> 00:11:18,320

um and that's basically when it all

267

00:11:21,590 --> 00:11:20,480

started happening from there

268

00:11:23,509 --> 00:11:21,600

the the

269

00:11:27,269 --> 00:11:23,519

experience that i went through when i

270

00:11:29,110 --> 00:11:27,279

was 30 was basically a download of my et

271

00:11:32,470 --> 00:11:29,120

consciousness so i had this huge

272

00:11:33,829 --> 00:11:32,480

download um and started remembering my

273

00:11:36,630 --> 00:11:33,839

et self

274

00:11:38,870 --> 00:11:36,640

so that pretty well sums up uh how i got

275

00:11:40,949 --> 00:11:38,880

into all of this

276

00:11:43,030 --> 00:11:40,959

thank you for sharing that so basically

277

00:11:44,949 --> 00:11:43,040

it was it that that they basically just

278

00:11:45,829 --> 00:11:44,959

had this mission to you to

279

00:11:48,230 --> 00:11:45,839

get

280

00:11:50,069 --> 00:11:48,240

as much information about them to the

281

00:11:53,509 --> 00:11:50,079

rest of the humans and to be more

282

00:11:57,110 --> 00:11:53,519

familiarized as to not to fear or just

283

00:11:59,750 --> 00:11:57,120

to be more aware of them in general

284

00:12:01,350 --> 00:11:59,760

look both um all of those

285

00:12:03,269 --> 00:12:01,360

um as

286

00:12:04,790 --> 00:12:03,279

many of our listeners know the plan is

287

00:12:06,389 --> 00:12:04,800

going through a major shift at the

288

00:12:08,790 --> 00:12:06,399

moment this has been predicted by the

289

00:12:10,550 --> 00:12:08,800

hopi people and the main people um and

290

00:12:12,790 --> 00:12:10,560

we're going through it right now planet

291

00:12:15,430 --> 00:12:12,800

earth is stepping up from fourth

292

00:12:17,509 --> 00:12:15,440

dimensional um or fourth the fourth

293

00:12:19,430 --> 00:12:17,519

world consciousness better word for it

294

00:12:21,269 --> 00:12:19,440

to fifth world consciousness so we're

295

00:12:22,389 --> 00:12:21,279

moving from third and fourth dimension

296

00:12:25,030 --> 00:12:22,399

up to fifth

297

00:12:26,310 --> 00:12:25,040

um so people start need to start

298

00:12:28,629 --> 00:12:26,320

awakening

299

00:12:30,470 --> 00:12:28,639

and the greys are one of the main groups

300

00:12:33,590 --> 00:12:30,480

down here doing this

301
00:12:35,910 --> 00:12:33,600
um and so many people have fear of them

302
00:12:37,990 --> 00:12:35,920
there's been so much disinformation put

303
00:12:39,509 --> 00:12:38,000
out on them because the the ones who are

304
00:12:42,230 --> 00:12:39,519
controlling the planet don't want

305
00:12:44,949 --> 00:12:42,240
humanity to wake up and it's the grey's

306
00:12:47,030 --> 00:12:44,959
job to do it hence what when a lot of

307
00:12:48,870 --> 00:12:47,040
people have a contact experience the et

308
00:12:50,790 --> 00:12:48,880
says to them it's time for you to wake

309
00:12:52,710 --> 00:12:50,800
up i remember saying it to someone

310
00:12:55,750 --> 00:12:52,720
during your contact experience

311
00:12:58,230 --> 00:12:55,760
um so my job and and that quite a few of

312
00:13:01,350 --> 00:12:58,240
our other people down here is to just

313
00:13:03,990 --> 00:13:01,360

313 speak out as i'm doing now so people

314

00:13:07,030 --> 00:13:04,000

get to see what grays are like

315

00:13:08,949 --> 00:13:07,040

as i say to people i'm no different when

316

00:13:10,790 --> 00:13:08,959

i'm working up on the ship as a gray or

317

00:13:13,110 --> 00:13:10,800

when i'm speaking to people here i'm no

318

00:13:15,750 --> 00:13:13,120

different i'm exactly the same person

319

00:13:17,670 --> 00:13:15,760

um so you know hopefully it helps people

320

00:13:20,389 --> 00:13:17,680

to get past the fear

321

00:13:22,629 --> 00:13:20,399

um and that's specifically been my job

322

00:13:25,030 --> 00:13:22,639

down here so it's getting people past

323

00:13:28,870 --> 00:13:25,040

the fear helping them to awaken to more

324

00:13:30,870 --> 00:13:28,880

consciousness that's what i'm here for

325

00:13:32,550 --> 00:13:30,880

so just about two directions i want to

326

00:13:34,710 --> 00:13:32,560

go with you here but i hope it doesn't

327

00:13:35,590 --> 00:13:34,720

confuse you too much on one end i wanted

328

00:13:37,509 --> 00:13:35,600

to

329

00:13:39,189 --> 00:13:37,519

um basically ask

330

00:13:41,670 --> 00:13:39,199

when you're having your experiences is

331

00:13:43,590 --> 00:13:41,680

it the actual physical experience to

332

00:13:45,590 --> 00:13:43,600

where they would take you onto the ships

333

00:13:47,350 --> 00:13:45,600

and you do what you need to do that's

334

00:13:50,150 --> 00:13:47,360

one part and then the other part i

335

00:13:51,910 --> 00:13:50,160

wanted to ask was um

336

00:13:53,990 --> 00:13:51,920

slipped my mind so never mind let's just

337

00:13:55,750 --> 00:13:54,000

go with that one and now

338

00:13:57,030 --> 00:13:55,760

i'll come back later

339

00:13:59,189 --> 00:13:57,040

yeah yeah

340

00:14:01,990 --> 00:13:59,199

well i'm not actually taken physically

341

00:14:04,310 --> 00:14:02,000

um very few contact experiences are

342

00:14:06,710 --> 00:14:04,320

physical they seem to be at the time but

343

00:14:07,990 --> 00:14:06,720

what it is our astral spirit form leaves

344

00:14:10,150 --> 00:14:08,000

the body

345

00:14:12,150 --> 00:14:10,160

and that's what's taken up on the ship

346

00:14:15,030 --> 00:14:12,160

but at the same time when things are

347

00:14:17,030 --> 00:14:15,040

done up on the ship to people like for

348

00:14:19,030 --> 00:14:17,040

example say someone

349

00:14:22,150 --> 00:14:19,040

undergoes an operation up there they can

350

00:14:24,069 --> 00:14:22,160

come back down here with a small scar or

351
00:14:26,069 --> 00:14:24,079
whatever on their physical body even

352
00:14:29,750 --> 00:14:26,079
though they've been taken actually

353
00:14:32,949 --> 00:14:29,760
because as as we teach in reiki

354
00:14:35,829 --> 00:14:32,959
everything that manifests as a symptom

355
00:14:36,949 --> 00:14:35,839
has its cause on a high level of our

356
00:14:39,269 --> 00:14:36,959
being

357
00:14:41,590 --> 00:14:39,279
and this is where natural medicine

358
00:14:44,230 --> 00:14:41,600
is better than traditional western type

359
00:14:46,470 --> 00:14:44,240
medicine natural therapies like reiki

360
00:14:49,590 --> 00:14:46,480
and acupuncture and

361
00:14:51,189 --> 00:14:49,600
reflexology etc address the cause at the

362
00:14:52,790 --> 00:14:51,199
higher level the fourth or fifth

363
00:14:55,030 --> 00:14:52,800

dimensional level

364

00:14:57,990 --> 00:14:55,040

hopefully before it reaches the physical

365

00:15:00,389 --> 00:14:58,000

level as an effect or symptom so when we

366

00:15:02,710 --> 00:15:00,399

take people up on the ship we work on

367

00:15:05,189 --> 00:15:02,720

that higher part of their body but when

368

00:15:07,269 --> 00:15:05,199

they come back down here it's also

369

00:15:09,350 --> 00:15:07,279

worked through to the physical

370

00:15:11,110 --> 00:15:09,360

um a lot of people go up there they come

371

00:15:12,629 --> 00:15:11,120

back actually with bruises and marks on

372

00:15:14,710 --> 00:15:12,639

their body i have a close friend who

373

00:15:16,550 --> 00:15:14,720

does that she actually works up there

374

00:15:19,750 --> 00:15:16,560

and she'll she'll come back with bruises

375

00:15:21,990 --> 00:15:19,760

on her body um and it's nothing hurts or

376

00:15:24,069 --> 00:15:22,000

anything it's just to let her know she's

377

00:15:25,670 --> 00:15:24,079

been up there so she'll come back and

378

00:15:27,269 --> 00:15:25,680

wake up the next morning find a bruise

379

00:15:29,110 --> 00:15:27,279

on the leg or something and she knows

380

00:15:30,790 --> 00:15:29,120

she hasn't hit herself and she'll think

381

00:15:33,590 --> 00:15:30,800

oh i was working up on the ship last

382

00:15:35,670 --> 00:15:33,600

night oh okay um i've come back with

383

00:15:37,829 --> 00:15:35,680

scars and things on my body from being

384

00:15:40,069 --> 00:15:37,839

up there

385

00:15:42,069 --> 00:15:40,079

so often on the show i always talk about

386

00:15:44,389 --> 00:15:42,079

these different frequency levels and

387

00:15:47,110 --> 00:15:44,399

trying to explain um

388

00:15:50,550 --> 00:15:47,120

how often challenging physical contact

389

00:15:52,790 --> 00:15:50,560

is to the human body and um

390

00:15:54,949 --> 00:15:52,800

just because of the different vibrations

391

00:15:56,550 --> 00:15:54,959

would you yes would you agree with that

392

00:15:58,470 --> 00:15:56,560

that um

393

00:16:00,629 --> 00:15:58,480

or basically what the way i was always

394

00:16:02,150 --> 00:16:00,639

explaining it is that um

395

00:16:03,910 --> 00:16:02,160

i actually didn't

396

00:16:05,509 --> 00:16:03,920

go into this because it's not about me

397

00:16:07,110 --> 00:16:05,519

but i just want to tell you real quick

398

00:16:08,710 --> 00:16:07,120

the experiences that i've had what's

399

00:16:11,110 --> 00:16:08,720

exactly that that was trying to let me

400

00:16:13,509 --> 00:16:11,120

know this is how

401
00:16:15,670 --> 00:16:13,519
how challenging and how humans react to

402
00:16:18,069 --> 00:16:15,680
us when we try to physically

403
00:16:19,990 --> 00:16:18,079
be in their presence i mean we freak out

404
00:16:21,910 --> 00:16:20,000
you know beyond that there's actually

405
00:16:24,870 --> 00:16:21,920
like this vibration that the body

406
00:16:26,629 --> 00:16:24,880
actually um it's almost too much to take

407
00:16:28,389 --> 00:16:26,639
depending on you know from where where

408
00:16:31,030 --> 00:16:28,399
they're coming from so it's a lot easier

409
00:16:32,629 --> 00:16:31,040
just to do this work out of body and so

410
00:16:33,829 --> 00:16:32,639
can you maybe speak a little bit about

411
00:16:37,990 --> 00:16:33,839
that

412
00:16:40,790 --> 00:16:38,000
all this yes for sure um when our higher

413
00:16:43,350 --> 00:16:40,800

teachers our grey-mantled teachers used

414

00:16:44,629 --> 00:16:43,360

to come on a regular basis with a friend

415

00:16:46,230 --> 00:16:44,639

of mine who was

416

00:16:48,150 --> 00:16:46,240

her daughter was having a lot of very

417

00:16:50,069 --> 00:16:48,160

very conscious experiences

418

00:16:52,470 --> 00:16:50,079

they would have to leave after a while

419

00:16:55,030 --> 00:16:52,480

because you get this inner coldness and

420

00:16:56,550 --> 00:16:55,040

shaking that almost overcomes you and

421

00:16:59,430 --> 00:16:56,560

what it is it's just a pure

422

00:17:02,230 --> 00:16:59,440

physiological um reaction of the human

423

00:17:04,390 --> 00:17:02,240

body but what a lot of people think that

424

00:17:07,110 --> 00:17:04,400

it's a fear or something negative and

425

00:17:09,110 --> 00:17:07,120

it's not it's just purely physiological

426

00:17:11,669 --> 00:17:09,120

reaction that the body has to the higher

427

00:17:14,069 --> 00:17:11,679

frequency and the higher the frequency

428

00:17:16,630 --> 00:17:14,079

the colder it gets and it can get quite

429

00:17:19,270 --> 00:17:16,640

uncomfortable um this teacher we used to

430

00:17:21,110 --> 00:17:19,280

work with orris after about an hour he'd

431

00:17:22,949 --> 00:17:21,120

see and he'd leave he'd say okay it's

432

00:17:24,470 --> 00:17:22,959

time for me to go because we were just

433

00:17:28,230 --> 00:17:24,480

shivering and shaking and wrapping

434

00:17:30,710 --> 00:17:28,240

ourselves in blankets so yeah absolutely

435

00:17:31,909 --> 00:17:30,720

and as i say this freaks people out

436

00:17:34,870 --> 00:17:31,919

um

437

00:17:37,190 --> 00:17:34,880

so it is it is a bit of a difficulty and

438

00:17:39,110 --> 00:17:37,200

it happens with many many people um it's

439

00:17:41,590 --> 00:17:39,120

just the same as when a person comes in

440

00:17:43,590 --> 00:17:41,600

contact with a ghost or a spirit um they

441

00:17:45,990 --> 00:17:43,600

often there's like a cold patch they'll

442

00:17:47,830 --> 00:17:46,000

feel and it's just a different level of

443

00:17:49,590 --> 00:17:47,840

frequency it's all to do with energy

444

00:17:51,590 --> 00:17:49,600

frequencies vibrating at different

445

00:17:54,390 --> 00:17:51,600

levels

446

00:17:56,230 --> 00:17:54,400

okay and so um

447

00:17:58,470 --> 00:17:56,240

regarding the other question i had and i

448

00:18:01,270 --> 00:17:58,480

actually remembered it um this is kind

449

00:18:03,029 --> 00:18:01,280

of funny how i got an email and i'm not

450

00:18:04,950 --> 00:18:03,039

belittling this person i sometimes i

451
00:18:06,470 --> 00:18:04,960
can't get to everybody but it's also

452
00:18:09,029 --> 00:18:06,480
based on the nature of the emails i

453
00:18:11,110 --> 00:18:09,039
cannot really tell how if they're being

454
00:18:13,510 --> 00:18:11,120
serious or or what but this one

455
00:18:16,070 --> 00:18:13,520
particular person emailed me saying hey

456
00:18:18,230 --> 00:18:16,080
i bought your shirt with the big grey

457
00:18:21,350 --> 00:18:18,240
alien on it right and that's what we

458
00:18:24,390 --> 00:18:21,360
have on the show and she said then i saw

459
00:18:25,590 --> 00:18:24,400
a drawing of a malevolent alien and i

460
00:18:27,909 --> 00:18:25,600
stopped wearing it because i don't want

461
00:18:30,310 --> 00:18:27,919
to promote the bad aliens and basically

462
00:18:32,630 --> 00:18:30,320
the the all it is it's a

463
00:18:34,789 --> 00:18:32,640

zeta or basically a gray alien with just

464

00:18:37,430 --> 00:18:34,799

big eyes and big head right that's the

465

00:18:39,750 --> 00:18:37,440

the the image it's of itself can you

466

00:18:42,549 --> 00:18:39,760

maybe go a little bit onto those details

467

00:18:44,310 --> 00:18:42,559

maybe to dispel maybe some things about

468

00:18:46,710 --> 00:18:44,320

are all the grace

469

00:18:48,710 --> 00:18:46,720

of on the same page are there different

470

00:18:50,789 --> 00:18:48,720

grace are we talking about just the same

471

00:18:52,310 --> 00:18:50,799

grace in different environments that are

472

00:18:54,150 --> 00:18:52,320

being perceived as several different

473

00:18:55,190 --> 00:18:54,160

groups

474

00:18:57,669 --> 00:18:55,200

okay

475

00:19:00,789 --> 00:18:57,679

it falls basically into two categories

476
00:19:03,909 --> 00:19:00,799
the genuine greys and non-genuine grays

477
00:19:06,870 --> 00:19:03,919
um there are there's my lab military

478
00:19:09,029 --> 00:19:06,880
abductions being carried out down here

479
00:19:12,070 --> 00:19:09,039
um stephen dr stephen greer talks about

480
00:19:14,310 --> 00:19:12,080
this and they've created these sort of

481
00:19:17,029 --> 00:19:14,320
bio life form sort of things that

482
00:19:19,669 --> 00:19:17,039
they're sort of bio but robotic and

483
00:19:21,909 --> 00:19:19,679
they're made to resemble the greys

484
00:19:24,950 --> 00:19:21,919
to cause people to fear the genuine

485
00:19:27,510 --> 00:19:24,960
greys and these these things nothing not

486
00:19:30,710 --> 00:19:27,520
very nice are used in the my lab

487
00:19:32,789 --> 00:19:30,720
abductions um along with drugs and

488
00:19:35,669 --> 00:19:32,799

holographic imagery and all sorts of

489

00:19:38,710 --> 00:19:35,679

things so if a person has a contact

490

00:19:40,630 --> 00:19:38,720

experience um where there's violence or

491

00:19:42,549 --> 00:19:40,640

rape or anything like that it is not a

492

00:19:44,549 --> 00:19:42,559

genuine experience it's a mylab

493

00:19:47,430 --> 00:19:44,559

experience um and they're often

494

00:19:50,390 --> 00:19:47,440

subjected to these these little bio um

495

00:19:54,390 --> 00:19:50,400

steven grier calls them plf's program

496

00:19:56,630 --> 00:19:54,400

life forms the genuine greys um yes

497

00:19:59,110 --> 00:19:56,640

there are a whole lot of different greys

498

00:20:01,590 --> 00:19:59,120

people just lump them all together but

499

00:20:04,630 --> 00:20:01,600

there are greys coming in from the past

500

00:20:07,270 --> 00:20:04,640

there's present grace and future grays

501

00:20:10,390 --> 00:20:07,280

dr courtney brown goes into this in

502

00:20:12,470 --> 00:20:10,400

great detail in his books cosmic voyage

503

00:20:15,590 --> 00:20:12,480

and cosmic explorers

504

00:20:18,630 --> 00:20:15,600

um about the different levels of race

505

00:20:20,390 --> 00:20:18,640

and um all of all of them are trying to

506

00:20:21,590 --> 00:20:20,400

help down here they're trying to do the

507

00:20:23,830 --> 00:20:21,600

right thing

508

00:20:27,110 --> 00:20:23,840

so one group the um

509

00:20:29,669 --> 00:20:27,120

the past grace needed healing themselves

510

00:20:31,750 --> 00:20:29,679

because they did lose their ability to

511

00:20:33,909 --> 00:20:31,760

experience emotion because of something

512

00:20:36,390 --> 00:20:33,919

that happened in their past major major

513

00:20:38,070 --> 00:20:36,400

trauma happened in their past

514

00:20:39,750 --> 00:20:38,080

so there's an exchange of genetic

515

00:20:40,710 --> 00:20:39,760

material going on

516

00:20:41,590 --> 00:20:40,720

um

517

00:20:49,029 --> 00:20:41,600

with

518

00:20:51,590 --> 00:20:49,039

human dna but they're also passing on

519

00:20:54,310 --> 00:20:51,600

higher dna to people down here so it's

520

00:20:57,430 --> 00:20:54,320

like an exchange program to help them to

521

00:21:00,470 --> 00:20:57,440

get their emotional um ability back and

522

00:21:03,190 --> 00:21:00,480

to help those humans to wake up to

523

00:21:05,350 --> 00:21:03,200

higher um consciousness levels

524

00:21:06,870 --> 00:21:05,360

whereas the future greys are just about

525

00:21:08,950 --> 00:21:06,880

like they're they're angelic they're

526

00:21:11,430 --> 00:21:08,960

absolutely beautiful beings

527

00:21:13,110 --> 00:21:11,440

um the there's a huge love comes

528

00:21:17,110 --> 00:21:13,120

from them like when i connect with my

529

00:21:18,870 --> 00:21:17,120

grey family i feel love beyond words so

530

00:21:20,470 --> 00:21:18,880

providing their genuine grace well

531

00:21:22,310 --> 00:21:20,480

there's nothing to be scared of but

532

00:21:24,390 --> 00:21:22,320

there is a major program down here

533

00:21:28,310 --> 00:21:24,400

trying to make people scared a big

534

00:21:33,669 --> 00:21:31,029

do you know exactly what the point of

535

00:21:36,070 --> 00:21:33,679

that disinformation is is are they still

536

00:21:37,909 --> 00:21:36,080

kind of trying to mimic and copy what

537

00:21:40,630 --> 00:21:37,919

the actual grace are doing

538

00:21:43,990 --> 00:21:40,640

or or are they just uh you know just bad

539

00:21:46,470 --> 00:21:44,000

all around the the my lab experiences um

540

00:21:48,870 --> 00:21:46,480

now what is what it is i speak about

541

00:21:51,510 --> 00:21:48,880

this um very very widely in my book

542

00:21:53,270 --> 00:21:51,520

extraterrestrial presence on earth um

543

00:21:55,909 --> 00:21:53,280

there's a group down here that i refer

544

00:21:58,549 --> 00:21:55,919

to as the reptilian controllers who are

545

00:22:01,430 --> 00:21:58,559

an old very very ancient earth human

546

00:22:03,110 --> 00:22:01,440

group and they hijacked the planet i

547

00:22:04,230 --> 00:22:03,120

think sherry wilde talks about this as

548

00:22:06,230 --> 00:22:04,240

well

549

00:22:08,390 --> 00:22:06,240

they hijacked the planet going back many

550

00:22:10,630 --> 00:22:08,400

many millennia ago and they don't want

551
00:22:12,070 --> 00:22:10,640
to give up control so what they've been

552
00:22:15,190 --> 00:22:12,080
doing for millennia they've been

553
00:22:16,630 --> 00:22:15,200
brainwashing and exploiting earth humans

554
00:22:18,470 --> 00:22:16,640
through fear

555
00:22:20,710 --> 00:22:18,480
they do it through religion they do it

556
00:22:22,789 --> 00:22:20,720
through politics um they do it through

557
00:22:24,789 --> 00:22:22,799
the entertainment industry and anything

558
00:22:27,990 --> 00:22:24,799
to stop people from waking up to keep

559
00:22:31,270 --> 00:22:28,000
them stuck and the genuine greys you're

560
00:22:34,070 --> 00:22:31,280
coming here um assist with evolution

561
00:22:35,990 --> 00:22:34,080
throughout the whole universe um so the

562
00:22:37,830 --> 00:22:36,000
controllers don't want them coming here

563
00:22:40,470 --> 00:22:37,840

because the greys are coming here to try

564

00:22:42,149 --> 00:22:40,480

and help to free us humans up to enable

565

00:22:44,470 --> 00:22:42,159

them to go through the shift with their

566

00:22:47,110 --> 00:22:44,480

planet as one of the great teachers

567

00:22:49,590 --> 00:22:47,120

explained once with planet earth it's

568

00:22:51,750 --> 00:22:49,600

almost like it's been

569

00:22:54,390 --> 00:22:51,760

shunted or pushed into this little

570

00:22:57,110 --> 00:22:54,400

stagnant pool beside

571

00:22:59,669 --> 00:22:57,120

the free-flowing river of the universe

572

00:23:02,149 --> 00:22:59,679

so people down here have been held back

573

00:23:03,510 --> 00:23:02,159

and held back and held back and blocked

574

00:23:05,590 --> 00:23:03,520

from moving on

575

00:23:08,149 --> 00:23:05,600

and it's time now that this has got to

576

00:23:09,909 --> 00:23:08,159

stop so this is why the grays and other

577

00:23:11,830 --> 00:23:09,919

many other et's are coming here to try

578

00:23:14,070 --> 00:23:11,840

and put a stop to it but because the

579

00:23:17,430 --> 00:23:14,080

greys are the main ones involved being

580

00:23:20,070 --> 00:23:17,440

the experts in in dna and evolution etc

581

00:23:22,149 --> 00:23:20,080

this group down here is demonizing them

582

00:23:23,510 --> 00:23:22,159

making people afraid of them because if

583

00:23:27,590 --> 00:23:23,520

people are scared they're not going to

584

00:23:29,909 --> 00:23:28,390

um

585

00:23:32,390 --> 00:23:29,919

so

586

00:23:33,909 --> 00:23:32,400

regarding the the grace themselves uh

587

00:23:36,710 --> 00:23:33,919

these different groups we had you said

588

00:23:39,909 --> 00:23:36,720

this is the past the the future ones do

589

00:23:41,750 --> 00:23:39,919

they collaborate at all uh or do they do

590

00:23:43,590 --> 00:23:41,760

they all just already know what each

591

00:23:45,029 --> 00:23:43,600

one's supposed to do because actually

592

00:23:46,870 --> 00:23:45,039

it's funny you mentioned that just

593

00:23:48,950 --> 00:23:46,880

yesterday during open lines when

594

00:23:51,909 --> 00:23:48,960

somebody called in i was talking to them

595

00:23:53,909 --> 00:23:51,919

about that very very uh part regarding

596

00:23:56,149 --> 00:23:53,919

courtney brown because i was telling him

597

00:23:58,549 --> 00:23:56,159

i had a long time ago

598

00:24:00,950 --> 00:23:58,559

got both of his books and he goes into

599

00:24:02,789 --> 00:24:00,960

great details regarding that now

600

00:24:04,310 --> 00:24:02,799

can you can you from your perspective go

601
00:24:06,950 --> 00:24:04,320
a little bit into that whether or not

602
00:24:09,029 --> 00:24:06,960
these two past and future grace interact

603
00:24:09,990 --> 00:24:09,039
with each other or maybe

604
00:24:12,390 --> 00:24:10,000
do

605
00:24:14,310 --> 00:24:12,400
uh collaborative work

606
00:24:16,149 --> 00:24:14,320
oh they certainly do yes

607
00:24:19,510 --> 00:24:16,159
you'll find all three of them up on the

608
00:24:21,669 --> 00:24:19,520
ships um and the past greys um they were

609
00:24:23,510 --> 00:24:21,679
actually they they had an original race

610
00:24:25,830 --> 00:24:23,520
on earth known as the ant people the

611
00:24:28,950 --> 00:24:25,840
hopi people talk about um so they're the

612
00:24:31,430 --> 00:24:28,960
sort of the past tense great um and the

613
00:24:33,669 --> 00:24:31,440

future the present tense grace and the

614

00:24:36,230 --> 00:24:33,679

future tense greys are assisting to heal

615

00:24:37,590 --> 00:24:36,240

them as well so it's like they're

616

00:24:40,630 --> 00:24:37,600

they're the ones who are doing the

617

00:24:43,430 --> 00:24:40,640

genetic work to help both the older grey

618

00:24:45,830 --> 00:24:43,440

group and the earth human group um so

619

00:24:47,350 --> 00:24:45,840

yeah they they work together what

620

00:24:49,590 --> 00:24:47,360

happens sometimes people have an

621

00:24:53,830 --> 00:24:49,600

experience with uh one of the small

622

00:24:55,990 --> 00:24:53,840

greys and it seems to be scary um like

623

00:24:58,230 --> 00:24:56,000

the daughter of this friend

624

00:25:00,310 --> 00:24:58,240

the lady who co-wrote um the zeta

625

00:25:03,430 --> 00:25:00,320

message book helen kai her daughter went

626
00:25:05,750 --> 00:25:03,440
through a lot of conscious experiences

627
00:25:08,310 --> 00:25:05,760
and on one occasion one of the small

628
00:25:11,110 --> 00:25:08,320
greys came into her room and just went

629
00:25:12,950 --> 00:25:11,120
straight for her throat with his hands

630
00:25:15,430 --> 00:25:12,960
and so of course she freaked out which

631
00:25:18,310 --> 00:25:15,440
is understandable so then one of the

632
00:25:19,750 --> 00:25:18,320
older grey's aurus who was teaching us

633
00:25:22,310 --> 00:25:19,760
he stepped in

634
00:25:24,789 --> 00:25:22,320
and took over and all that this little

635
00:25:27,750 --> 00:25:24,799
grey was doing he was coming in to give

636
00:25:28,710 --> 00:25:27,760
the daughter keira healing on her throat

637
00:25:30,710 --> 00:25:28,720
because

638
00:25:33,110 --> 00:25:30,720

the throat and the ankles are the two

639

00:25:35,269 --> 00:25:33,120

parts on places on the body where the

640

00:25:37,590 --> 00:25:35,279

et's will often give healing because so

641

00:25:38,710 --> 00:25:37,600

many meridians energy meridians pass

642

00:25:40,870 --> 00:25:38,720

through the throat and through the

643

00:25:43,430 --> 00:25:40,880

ankles so that was what this little grey

644

00:25:45,029 --> 00:25:43,440

was doing but because he sort of

645

00:25:47,269 --> 00:25:45,039

they they don't always think they can be

646

00:25:48,710 --> 00:25:47,279

a bit silly and he didn't do it properly

647

00:25:51,510 --> 00:25:48,720

just because he came in and gave her a

648

00:25:53,110 --> 00:25:51,520

fright whereas boris went in very gently

649

00:25:54,870 --> 00:25:53,120

and you know put his hand on his

650

00:25:56,630 --> 00:25:54,880

shoulder and then across to the throat

651
00:25:58,230 --> 00:25:56,640
and he was teaching this younger grey

652
00:25:59,830 --> 00:25:58,240
how to do it you know you don't just

653
00:26:01,830 --> 00:25:59,840
boring like that you've got to do it

654
00:26:03,590 --> 00:26:01,840
like this and people have had this

655
00:26:05,190 --> 00:26:03,600
experience up on the ship with the young

656
00:26:07,110 --> 00:26:05,200
ones doing something a bit silly and

657
00:26:09,669 --> 00:26:07,120
then a tall grey coming and stepping in

658
00:26:13,110 --> 00:26:09,679
and taking over

659
00:26:14,630 --> 00:26:13,120
so uh uh the grace so um

660
00:26:17,350 --> 00:26:14,640
i don't know if supposed to be the

661
00:26:20,310 --> 00:26:17,360
correct question but either the the the

662
00:26:21,909 --> 00:26:20,320
majority of interactions are mainly

663
00:26:25,029 --> 00:26:21,919

initiated or

664

00:26:27,909 --> 00:26:25,039

um i should say

665

00:26:29,669 --> 00:26:27,919

planned by the grace and also in regards

666

00:26:32,070 --> 00:26:29,679

to the grace what about these other

667

00:26:34,230 --> 00:26:32,080

different alien races do they also kind

668

00:26:36,149 --> 00:26:34,240

of work together so for example we heard

669

00:26:37,510 --> 00:26:36,159

about pleiadians you know and heard

670

00:26:39,350 --> 00:26:37,520

about you know all these different

671

00:26:41,190 --> 00:26:39,360

constellations wherever they happen to

672

00:26:43,350 --> 00:26:41,200

be from uh can you please speak a little

673

00:26:46,549 --> 00:26:43,360

bit uh to that

674

00:26:48,390 --> 00:26:46,559

oh yes um look when you move past i'll

675

00:26:50,230 --> 00:26:48,400

talk about later um in a few minutes

676

00:26:52,310 --> 00:26:50,240

we'll talk about the human ladder um

677

00:26:53,909 --> 00:26:52,320

which is like an evolutionary path

678

00:26:55,990 --> 00:26:53,919

through the universe that all human

679

00:26:57,750 --> 00:26:56,000

aces go through and

680

00:26:59,590 --> 00:26:57,760

planet earth right down the bottom as

681

00:27:01,350 --> 00:26:59,600

soon as you start moving up the ladder

682

00:27:04,149 --> 00:27:01,360

to higher frequencies where you can

683

00:27:07,029 --> 00:27:04,159

access greater percentages of your

684

00:27:09,669 --> 00:27:07,039

potential conscious awareness all the et

685

00:27:11,029 --> 00:27:09,679

people are very much into oneness they

686

00:27:13,830 --> 00:27:11,039

work together

687

00:27:16,230 --> 00:27:13,840

um the grey's work with the pleadians

688

00:27:18,070 --> 00:27:16,240

and with the arcturians and with the um

689

00:27:20,870 --> 00:27:18,080

you know whoever they all work together

690

00:27:22,789 --> 00:27:20,880

like very very much so planet earth is

691

00:27:24,950 --> 00:27:22,799

the focus of it at the moment because of

692

00:27:27,510 --> 00:27:24,960

this consciousness shift that's going on

693

00:27:29,430 --> 00:27:27,520

so everyone everybody's working together

694

00:27:31,269 --> 00:27:29,440

um probably

695

00:27:33,029 --> 00:27:31,279

the pleiadians will be the first ones to

696

00:27:34,470 --> 00:27:33,039

come forward because they look more like

697

00:27:36,230 --> 00:27:34,480

earth humans they're very closely

698

00:27:38,710 --> 00:27:36,240

related to humans down here they're

699

00:27:41,830 --> 00:27:38,720

basically cousins of humans down here so

700

00:27:44,070 --> 00:27:41,840

they'll be the ones who come first um to

701
00:27:46,710 --> 00:27:44,080
make way for the grays to come through

702
00:27:49,190 --> 00:27:46,720
so yeah they all work together

703
00:27:51,430 --> 00:27:49,200
and as for the contact experience i know

704
00:27:53,190 --> 00:27:51,440
a lot of people get very angry and say

705
00:27:54,710 --> 00:27:53,200
oh how dare they do this they're going

706
00:27:57,269 --> 00:27:54,720
against my free will coming and

707
00:27:59,669 --> 00:27:57,279
abducting me what people don't realize

708
00:28:02,710 --> 00:27:59,679
is everyone who is having genuine

709
00:28:04,149 --> 00:28:02,720
experience has chosen this before birth

710
00:28:06,070 --> 00:28:04,159
it's a pre-birth

711
00:28:08,230 --> 00:28:06,080
plan that they've made

712
00:28:10,470 --> 00:28:08,240
and they've approached the greys or

713
00:28:13,430 --> 00:28:10,480

however before they were born into this

714

00:28:15,269 --> 00:28:13,440

life and said okay i'm ready for my next

715

00:28:17,830 --> 00:28:15,279

evolutionary step will you come in and

716

00:28:19,990 --> 00:28:17,840

help me and the grail say yes okay i'll

717

00:28:24,549 --> 00:28:20,000

come in and they'll discuss it um so

718

00:28:26,630 --> 00:28:24,559

it's all all pre-births all pre-planned

719

00:28:28,310 --> 00:28:26,640

and so uh can you

720

00:28:29,830 --> 00:28:28,320

talk a little bit about what is the

721

00:28:31,990 --> 00:28:29,840

whole point and

722

00:28:33,909 --> 00:28:32,000

about the hybridization program and

723

00:28:34,870 --> 00:28:33,919

whether or not it was initiated by the

724

00:28:37,350 --> 00:28:34,880

greece

725

00:28:39,269 --> 00:28:37,360

or those yes

726

00:28:41,269 --> 00:28:39,279

now again there's two hybridization

727

00:28:43,830 --> 00:28:41,279

programs happening there's the genuine

728

00:28:45,909 --> 00:28:43,840

ones with genuine grays carrying it out

729

00:28:47,750 --> 00:28:45,919

and there's a negative one with the

730

00:28:50,310 --> 00:28:47,760

mylab people trying to create these

731

00:28:53,590 --> 00:28:50,320

super soldiers and things like that

732

00:28:56,710 --> 00:28:53,600

um the genuine hybridization program is

733

00:28:58,950 --> 00:28:56,720

to assist as humans up to the next level

734

00:29:01,590 --> 00:28:58,960

of the human ladder so to help to open

735

00:29:04,310 --> 00:29:01,600

up human consciousness hence the message

736

00:29:05,990 --> 00:29:04,320

is time for you to wake up and also to

737

00:29:10,070 --> 00:29:06,000

assist the

738

00:29:14,149 --> 00:29:10,080

past tense grace to access more emotion

739

00:29:16,389 --> 00:29:14,159

so it's like a two-way exchange

740

00:29:18,789 --> 00:29:16,399

and so can you uh maybe speak a little

741

00:29:22,549 --> 00:29:18,799

bit about how exactly is it supposed to

742

00:29:24,310 --> 00:29:22,559

be helping us not by replacing us right

743

00:29:25,669 --> 00:29:24,320

oh no no why okay

744

00:29:27,830 --> 00:29:25,679

that's what i'm saying

745

00:29:30,470 --> 00:29:27,840

is it just to have another alien race

746

00:29:32,789 --> 00:29:30,480

closer to our vibration or you mean to

747

00:29:34,710 --> 00:29:32,799

just kind of develop this next

748

00:29:36,230 --> 00:29:34,720

generation human i mean can you please

749

00:29:39,029 --> 00:29:36,240

speak to that

750

00:29:42,149 --> 00:29:39,039

yeah it's to develop the next generation

751
00:29:44,230 --> 00:29:42,159
of humans who will be up to level two of

752
00:29:46,470 --> 00:29:44,240
the human ladder i'll just explain this

753
00:29:47,510 --> 00:29:46,480
human ladder um orris that tall grey

754
00:29:49,350 --> 00:29:47,520
teacher

755
00:29:50,950 --> 00:29:49,360
gave us a teaching on this back in about

756
00:29:53,510 --> 00:29:50,960
2001

757
00:29:56,230 --> 00:29:53,520
um and he explained that there are these

758
00:29:58,070 --> 00:29:56,240
ten levels in the universe they they

759
00:29:59,750 --> 00:29:58,080
refer to them as galactic levels but

760
00:30:01,830 --> 00:29:59,760
they're not places they're they're

761
00:30:04,710 --> 00:30:01,840
levels of conscious awareness

762
00:30:07,350 --> 00:30:04,720
and planet earth earth plane humanity is

763
00:30:09,909 --> 00:30:07,360

on the first level so therefore they can

764

00:30:11,990 --> 00:30:09,919

access approximately 10

765

00:30:13,909 --> 00:30:12,000

of their potential conscious awareness

766

00:30:16,070 --> 00:30:13,919

now we're not talking about brain here

767

00:30:18,549 --> 00:30:16,080

we're talking about conscious awareness

768

00:30:21,750 --> 00:30:18,559

and it's intrinsically linked into the

769

00:30:23,590 --> 00:30:21,760

level of dna we have activated so each

770

00:30:24,389 --> 00:30:23,600

is about ten percent

771

00:30:26,230 --> 00:30:24,399

now

772

00:30:28,470 --> 00:30:26,240

the next step for planet earth is to

773

00:30:30,389 --> 00:30:28,480

step up to level two

774

00:30:32,470 --> 00:30:30,399

in which people can access twenty

775

00:30:34,630 --> 00:30:32,480

percent of their the uh of their

776

00:30:37,269 --> 00:30:34,640

conscious awareness so they need to have

777

00:30:39,350 --> 00:30:37,279

twenty percent of their dna activated so

778

00:30:42,070 --> 00:30:39,360

this is the work that the genuine greys

779

00:30:44,070 --> 00:30:42,080

and other et's are carrying out and why

780

00:30:47,190 --> 00:30:44,080

people are being taken up on the ships

781

00:30:50,149 --> 00:30:47,200

it's to help to upgrade the dna so that

782

00:30:52,230 --> 00:30:50,159

they can come start to open up to 20

783

00:30:54,710 --> 00:30:52,240

conscious awareness once we reach the

784

00:30:57,190 --> 00:30:54,720

third level of the human ladder 30

785

00:31:00,230 --> 00:30:57,200

conscious awareness and so on up to the

786

00:31:02,870 --> 00:31:00,240

10th level where we're just pure

787

00:31:04,950 --> 00:31:02,880

full conscious awareness mind and this

788

00:31:07,190 --> 00:31:04,960

is what people sort of think of as god

789

00:31:09,830 --> 00:31:07,200

or angelic or whatever which is just

790

00:31:12,630 --> 00:31:09,840

pure consciousness

791

00:31:14,950 --> 00:31:12,640

so i guess then in a way this comes back

792

00:31:16,710 --> 00:31:14,960

down to what we're talking about actual

793

00:31:18,870 --> 00:31:16,720

contact and the different vibrations and

794

00:31:21,430 --> 00:31:18,880

how challenging or difficult it is for

795

00:31:23,269 --> 00:31:21,440

the for the human body but um again i'm

796

00:31:27,350 --> 00:31:23,279

sorry maybe it's just me being a bit

797

00:31:28,870 --> 00:31:27,360

slow today um so but to help out

798

00:31:30,630 --> 00:31:28,880

meaning

799

00:31:32,470 --> 00:31:30,640

let's say like you and i and everyone

800

00:31:35,750 --> 00:31:32,480

else alive to

801
00:31:38,789 --> 00:31:35,760
to get to that vibrational frequency or

802
00:31:40,870 --> 00:31:38,799
do you mean help out by i guess in

803
00:31:43,110 --> 00:31:40,880
to be more blunt sexually interact with

804
00:31:45,669 --> 00:31:43,120
the aliens to then create this human

805
00:31:47,750 --> 00:31:45,679
being that can have 20 30 and so on

806
00:31:50,789 --> 00:31:47,760
percent can you please define a little

807
00:31:53,669 --> 00:31:50,799
bit more what you mean by helping out

808
00:31:56,230 --> 00:31:53,679
yeah it is to do with consciousness um

809
00:31:58,710 --> 00:31:56,240
there's no sexuality involved at all

810
00:32:01,830 --> 00:31:58,720
that's not how hierarchies operate um

811
00:32:04,549 --> 00:32:01,840
it's all done um how can i say like

812
00:32:07,110 --> 00:32:04,559
they'll just take uh cells from a human

813
00:32:09,830 --> 00:32:07,120

body and mix them with et cells so it's

814

00:32:11,830 --> 00:32:09,840

all basically done in vitro um

815

00:32:14,389 --> 00:32:11,840

but it's more to do with

816

00:32:17,750 --> 00:32:14,399

upgrading the human race and upgrading

817

00:32:21,830 --> 00:32:17,760

this a older grey race so it's two races

818

00:32:25,029 --> 00:32:22,789

okay

819

00:32:27,909 --> 00:32:25,039

um so

820

00:32:29,110 --> 00:32:27,919

at the end like right now as the planet

821

00:32:31,669 --> 00:32:29,120

as it is

822

00:32:33,269 --> 00:32:31,679

what do they have to say if um do you do

823

00:32:35,990 --> 00:32:33,279

you know do you have any recent

824

00:32:37,269 --> 00:32:36,000

information i guess in that way about

825

00:32:39,509 --> 00:32:37,279

are things

826

00:32:42,070 --> 00:32:39,519

getting better will it get darker before

827

00:32:44,549 --> 00:32:42,080

it gets lighter you know what um can you

828

00:32:45,750 --> 00:32:44,559

speak to that as well please

829

00:32:48,230 --> 00:32:45,760

look um

830

00:32:50,070 --> 00:32:48,240

i think changes are happening and i know

831

00:32:51,909 --> 00:32:50,080

people are really going through stuff at

832

00:32:54,789 --> 00:32:51,919

the moment with all this covert thing

833

00:32:58,070 --> 00:32:54,799

and that it is part of the upgrading

834

00:33:00,870 --> 00:32:58,080

process believe it or not um i what i

835

00:33:03,509 --> 00:33:00,880

can do if you like my great teacher mara

836

00:33:05,430 --> 00:33:03,519

sent through a teaching on what's going

837

00:33:08,310 --> 00:33:05,440

on at the moment i can read that out if

838

00:33:09,990 --> 00:33:08,320

you'd like me to do that um i i can i

839

00:33:11,990 --> 00:33:10,000

can see a light at the end of the tunnel

840

00:33:14,149 --> 00:33:12,000

um things are changing but they're

841

00:33:15,990 --> 00:33:14,159

changing so slowly and we've got it you

842

00:33:17,990 --> 00:33:16,000

know it's all as dark as before the dawn

843

00:33:20,630 --> 00:33:18,000

as they say

844

00:33:22,149 --> 00:33:20,640

yes please do uh if you have it uh in

845

00:33:26,389 --> 00:33:22,159

front of you

846

00:33:29,830 --> 00:33:27,350

um

847

00:33:31,669 --> 00:33:29,840

everything in the universe is energy so

848

00:33:33,590 --> 00:33:31,679

everything that manifests in the

849

00:33:36,549 --> 00:33:33,600

universe whether perceived by earth

850

00:33:39,669 --> 00:33:36,559

humans is good or bad comes originally

851
00:33:42,230 --> 00:33:39,679
from source to understand the reason why

852
00:33:44,710 --> 00:33:42,240
seemingly negative events occur such as

853
00:33:47,509 --> 00:33:44,720
this virus there are three basic facts

854
00:33:50,110 --> 00:33:47,519
that need to be taken into consideration

855
00:33:52,950 --> 00:33:50,120
firstly source or god energy is

856
00:33:55,190 --> 00:33:52,960
non-polarized it's neither negative nor

857
00:33:57,669 --> 00:33:55,200
positive but rather composed of both

858
00:33:59,350 --> 00:33:57,679
polarities held in a state of perfect

859
00:34:01,830 --> 00:33:59,360
oneness and balance

860
00:34:04,070 --> 00:34:01,840
however once energy moves out from

861
00:34:06,310 --> 00:34:04,080
source and transmutes to a lower

862
00:34:09,430 --> 00:34:06,320
frequency and most especially on a

863
00:34:12,470 --> 00:34:09,440

highly polarized planet such as earth

864

00:34:15,430 --> 00:34:12,480

separation and polarization occur

865

00:34:17,510 --> 00:34:15,440

one aspect of extreme polarization are

866

00:34:19,829 --> 00:34:17,520

the illusions of good and bad

867

00:34:22,790 --> 00:34:19,839

in the greater reality these opposites

868

00:34:25,990 --> 00:34:22,800

do not apply all is oneness and balance

869

00:34:29,270 --> 00:34:26,000

but in 3d earth plane manifestation yes

870

00:34:31,829 --> 00:34:29,280

such states are a subject of reality

871

00:34:33,829 --> 00:34:31,839

secondly death is an illusion

872

00:34:35,829 --> 00:34:33,839

what earth humans perceive as the

873

00:34:37,750 --> 00:34:35,839

greatest tragedy that can happen the

874

00:34:39,669 --> 00:34:37,760

death of a human being

875

00:34:41,990 --> 00:34:39,679

is simply a prime opportunity for

876

00:34:43,990 --> 00:34:42,000

spiritual growth and evolution

877

00:34:45,669 --> 00:34:44,000

the death of the physical body which is

878

00:34:46,629 --> 00:34:45,679

nothing more than a container for the

879

00:34:49,030 --> 00:34:46,639

soul

880

00:34:50,550 --> 00:34:49,040

frees the spirit to enable us to focus

881

00:34:52,230 --> 00:34:50,560

on higher learning

882

00:34:54,629 --> 00:34:52,240

it can then choose whether to

883

00:34:56,470 --> 00:34:54,639

reincarnate back to a physical life on

884

00:34:58,870 --> 00:34:56,480

earth or elsewhere

885

00:35:00,950 --> 00:34:58,880

or else to progress to a higher less

886

00:35:04,230 --> 00:35:00,960

physical physical level of the human

887

00:35:06,950 --> 00:35:04,240

ladder no death is ever accidental every

888

00:35:07,910 --> 00:35:06,960

soul freely chooses in its pre-birth

889

00:35:10,310 --> 00:35:07,920

state

890

00:35:13,589 --> 00:35:10,320

when where and how it will make its

891

00:35:15,750 --> 00:35:13,599

transition at the end of the coming life

892

00:35:17,430 --> 00:35:15,760

this virus is offering an opportunity

893

00:35:19,430 --> 00:35:17,440

for those who aren't ready for the

894

00:35:21,910 --> 00:35:19,440

planetary shift to leave through the

895

00:35:24,230 --> 00:35:21,920

portal of death this will then enable

896

00:35:26,630 --> 00:35:24,240

them to reincarnate back again if and

897

00:35:29,030 --> 00:35:26,640

when they're spiritually ready the virus

898

00:35:31,829 --> 00:35:29,040

is part of a planetary universal plan

899

00:35:34,310 --> 00:35:31,839

and purpose to enable ascension

900

00:35:36,230 --> 00:35:34,320

thirdly the planetary shift from fourth

901
00:35:38,230 --> 00:35:36,240
to fifth world consciousness

902
00:35:40,470 --> 00:35:38,240
we've discussed this in the past and it

903
00:35:42,390 --> 00:35:40,480
is most important to understand that

904
00:35:45,190 --> 00:35:42,400
when a planet is going through an

905
00:35:46,390 --> 00:35:45,200
evolutionary shift as earth is doing

906
00:35:48,630 --> 00:35:46,400
right now

907
00:35:50,550 --> 00:35:48,640
those souls who are not ready or able to

908
00:35:53,589 --> 00:35:50,560
consciously make the transition in

909
00:35:55,829 --> 00:35:53,599
synchronization with their home planet

910
00:35:57,510 --> 00:35:55,839
take the opportunity to make a timely

911
00:35:59,910 --> 00:35:57,520
exit through death

912
00:36:01,990 --> 00:35:59,920
so that they can then partake of higher

913
00:36:04,150 --> 00:36:02,000

learning between lives

914

00:36:06,230 --> 00:36:04,160

they can then either reincarnate back

915

00:36:08,710 --> 00:36:06,240

again in step with their high revolt

916

00:36:10,550 --> 00:36:08,720

planet or else to another version of the

917

00:36:12,950 --> 00:36:10,560

planet that is more compatible with

918

00:36:15,790 --> 00:36:12,960

their lower energy frequency

919

00:36:18,069 --> 00:36:15,800

remember planets as sentient beings are

920

00:36:20,390 --> 00:36:18,079

multi-dimensional so in the greater

921

00:36:21,430 --> 00:36:20,400

reality there is an earth to suit all

922

00:36:23,349 --> 00:36:21,440

tastes

923

00:36:24,950 --> 00:36:23,359

this is the reason why mass deaths

924

00:36:27,430 --> 00:36:24,960

always occur around the time of

925

00:36:29,190 --> 00:36:27,440

planetary shifts death is not an ending

926
00:36:31,030 --> 00:36:29,200
but rather a beginning

927
00:36:33,349 --> 00:36:31,040
we are quite aware of the myriad

928
00:36:36,150 --> 00:36:33,359
conspiracy theories during the rounds on

929
00:36:38,470 --> 00:36:36,160
earth in connection with climate 19

930
00:36:40,310 --> 00:36:38,480
with certain negative agencies being

931
00:36:41,510 --> 00:36:40,320
blamed for creating and spreading the

932
00:36:43,270 --> 00:36:41,520
virus

933
00:36:44,950 --> 00:36:43,280
earth humans are always happiest when

934
00:36:45,910 --> 00:36:44,960
they have an enemy to blame for their

935
00:36:47,990 --> 00:36:45,920
woes

936
00:36:50,150 --> 00:36:48,000
the bottom line however comes back to

937
00:36:52,630 --> 00:36:50,160
the personal armageddon you are all

938
00:36:55,030 --> 00:36:52,640

facing as a result of the changing and

939

00:36:57,750 --> 00:36:55,040

evolving planetary energies

940

00:37:00,230 --> 00:36:57,760

that is the choice between love and fear

941

00:37:02,550 --> 00:37:00,240

it all comes back to this

942

00:37:05,349 --> 00:37:02,560

the occurrence of the virus is providing

943

00:37:07,670 --> 00:37:05,359

a major opportunity for spiritual growth

944

00:37:08,790 --> 00:37:07,680

by providing this choice between love

945

00:37:11,270 --> 00:37:08,800

and fear

946

00:37:13,349 --> 00:37:11,280

you cannot evolve spiritually if you are

947

00:37:14,310 --> 00:37:13,359

not provided with this all-important

948

00:37:17,030 --> 00:37:14,320

choice

949

00:37:19,510 --> 00:37:17,040

so in reality the negative forces down

950

00:37:21,750 --> 00:37:19,520

here are doing you a great favor

951
00:37:23,829 --> 00:37:21,760
in a way they are your guardian angels

952
00:37:25,589 --> 00:37:23,839
the choice is yours to make each and

953
00:37:28,150 --> 00:37:25,599
every one of you are you going to be

954
00:37:30,390 --> 00:37:28,160
pulled into the herd instinct stampeding

955
00:37:32,790 --> 00:37:30,400
into fear and panic trampling over

956
00:37:35,510 --> 00:37:32,800
others around you in your terror or are

957
00:37:37,750 --> 00:37:35,520
you drawn to a more evolved human energy

958
00:37:40,310 --> 00:37:37,760
of love and trust and knowing that no

959
00:37:42,630 --> 00:37:40,320
matter what all is well and even death

960
00:37:45,430 --> 00:37:42,640
is not the end but rather an opportunity

961
00:37:47,829 --> 00:37:45,440
for evolution to a higher state

962
00:37:49,829 --> 00:37:47,839
lastly a point to consider if you really

963
00:37:52,550 --> 00:37:49,839

can't get past your fear of potential

964

00:37:55,109 --> 00:37:52,560

death fear has a very detrimental effect

965

00:37:56,790 --> 00:37:55,119

on the human immune system so keeping

966

00:38:00,870 --> 00:37:56,800

positive is a great preventative

967

00:38:06,150 --> 00:38:03,190

great thank you for that well you know i

968

00:38:08,310 --> 00:38:06,160

don't uh want to be you know proven

969

00:38:10,069 --> 00:38:08,320

right by going immediately negative you

970

00:38:12,470 --> 00:38:10,079

know there's plenty of positive things

971

00:38:15,190 --> 00:38:12,480

that were in that message but um i hope

972

00:38:17,190 --> 00:38:15,200

you allow me to ask this so

973

00:38:18,950 --> 00:38:17,200

from his perspective

974

00:38:21,109 --> 00:38:18,960

then maybe it's just kind of trying to

975

00:38:23,829 --> 00:38:21,119

get more clarification i guess maybe to

976
00:38:24,710 --> 00:38:23,839
help clarify regarding the virus itself

977
00:38:25,750 --> 00:38:24,720
is it

978
00:39:36,310 --> 00:38:25,760
a

979
00:39:38,790 --> 00:39:36,320
um

980
00:39:40,310 --> 00:39:38,800
so i guess then by by do you doing that

981
00:39:42,390 --> 00:39:40,320
reading they gives us pretty good idea

982
00:39:45,510 --> 00:39:42,400
where where they then believe where we

983
00:39:46,950 --> 00:39:45,520
stand as of right now so

984
00:39:48,710 --> 00:39:46,960
i guess

985
00:39:51,589 --> 00:39:48,720
you know usually i don't know why this

986
00:39:54,630 --> 00:39:51,599
is maybe it's because negativity is more

987
00:39:56,390 --> 00:39:54,640
of a motivator for humans than than more

988
00:39:57,750 --> 00:39:56,400

comfortable and loving things

989

00:39:59,430 --> 00:39:57,760

um

990

00:40:01,829 --> 00:39:59,440

is it something that i guess everyone

991

00:40:05,190 --> 00:40:01,839

else else and should just take the time

992

00:40:07,190 --> 00:40:05,200

now to gen say okay it is maybe a

993

00:40:08,790 --> 00:40:07,200

difficult time for me maybe i'm going

994

00:40:10,790 --> 00:40:08,800

through all these different things but

995

00:40:13,030 --> 00:40:10,800

then to actually allow themselves to

996

00:40:16,309 --> 00:40:13,040

kind of spring about in a new way of

997

00:40:18,390 --> 00:40:16,319

thinking about their situation or um

998

00:40:21,109 --> 00:40:18,400

what would you recommend for those that

999

00:40:23,109 --> 00:40:21,119

are just i guess different things i mean

1000

00:40:24,550 --> 00:40:23,119

i'm not that type of person so but it's

1001
00:40:27,190 --> 00:40:24,560
just from what i always hear about

1002
00:40:28,950 --> 00:40:27,200
people they have depression they have

1003
00:40:30,230 --> 00:40:28,960
fears about okay they're gonna be locked

1004
00:40:32,870 --> 00:40:30,240
down so they're not gonna be locked

1005
00:40:34,470 --> 00:40:32,880
downs um you know regarding the jobs do

1006
00:40:36,470 --> 00:40:34,480
i have to take in order to have a job to

1007
00:40:38,150 --> 00:40:36,480
support my family either say well i'll

1008
00:40:39,349 --> 00:40:38,160
just take it and i'll have a job so

1009
00:40:42,069 --> 00:40:39,359
there's different people with different

1010
00:40:43,670 --> 00:40:42,079
mindsets so what um

1011
00:40:45,670 --> 00:40:43,680
what would you recommend

1012
00:40:47,030 --> 00:40:45,680
for those you know people at this time

1013
00:40:49,109 --> 00:40:47,040

to do

1014

00:40:51,270 --> 00:40:49,119

yeah look the bottom line and this is

1015

00:40:52,710 --> 00:40:51,280

something that the grey teachers keep

1016

00:40:54,550 --> 00:40:52,720

ramming down our throats because i mean

1017

00:40:56,790 --> 00:40:54,560

we're only human we have ups and downs

1018

00:40:59,270 --> 00:40:56,800

um but the bottom line is and quantum

1019

00:41:02,309 --> 00:40:59,280

physics is proving this we create our

1020

00:41:04,470 --> 00:41:02,319

own reality earth earth is a school

1021

00:41:07,430 --> 00:41:04,480

planet and we're here to learn to be

1022

00:41:09,910 --> 00:41:07,440

creative so we've got to learn to create

1023

00:41:11,670 --> 00:41:09,920

positively rather than negatively before

1024

00:41:13,109 --> 00:41:11,680

we're going to be released upon the rest

1025

00:41:16,470 --> 00:41:13,119

of the universe

1026

00:41:18,390 --> 00:41:16,480

um and so creating positively is a

1027

00:41:20,790 --> 00:41:18,400

lesson that we're here to learn

1028

00:41:22,870 --> 00:41:20,800

it comes easier to some people and not

1029

00:41:23,750 --> 00:41:22,880

so easy for others but that's the bottom

1030

00:41:26,230 --> 00:41:23,760

line

1031

00:41:28,390 --> 00:41:26,240

we create our own reality so it's

1032

00:41:30,390 --> 00:41:28,400

worthwhile putting a little bit of

1033

00:41:32,790 --> 00:41:30,400

effort into trying to

1034

00:41:35,990 --> 00:41:32,800

create a more positive mindset and

1035

00:41:38,230 --> 00:41:36,000

future for yourself than a negative um

1036

00:41:40,390 --> 00:41:38,240

mars actually sent a teaching through on

1037

00:41:42,150 --> 00:41:40,400

this or many many years ago i haven't

1038

00:41:43,910 --> 00:41:42,160

got it at hand to read out but basically

1039

00:41:47,510 --> 00:41:43,920

what he was saying was

1040

00:41:49,750 --> 00:41:47,520

um being positive is a lot harder than

1041

00:41:51,750 --> 00:41:49,760

being negative being negative is like

1042

00:41:53,589 --> 00:41:51,760

being a jellyfish being washed backwards

1043

00:41:55,030 --> 00:41:53,599

and forwards in the in the tide

1044

00:41:57,829 --> 00:41:55,040

everything that happens around you

1045

00:42:01,750 --> 00:41:57,839

impacts upon you you get affected by it

1046

00:42:04,870 --> 00:42:01,760

you get pulled down being positive isn't

1047

00:42:07,910 --> 00:42:04,880

an active um choice that you have to

1048

00:42:09,670 --> 00:42:07,920

really concentrate on and um you know

1049

00:42:12,069 --> 00:42:09,680

okay it's not just floating around

1050

00:42:14,950 --> 00:42:12,079

you've got to do something

1051

00:42:16,790 --> 00:42:14,960

what i always advise people is to

1052

00:42:18,950 --> 00:42:16,800

take up a spiritual practice of some

1053

00:42:20,470 --> 00:42:18,960

sort it doesn't matter what but taking

1054

00:42:22,630 --> 00:42:20,480

up a spiritual practice because

1055

00:42:25,030 --> 00:42:22,640

spiritual practice means something to

1056

00:42:27,829 --> 00:42:25,040

you and whether that's meditation tai

1057

00:42:29,030 --> 00:42:27,839

chi um praying whatever saying the

1058

00:42:31,990 --> 00:42:29,040

rosary if you're a catholic what

1059

00:42:33,990 --> 00:42:32,000

whatever if it makes you feel good then

1060

00:42:35,990 --> 00:42:34,000

it's going to raise your vibrational

1061

00:42:39,349 --> 00:42:36,000

frequency because that's the other

1062

00:42:41,589 --> 00:42:39,359

bottom line where all energy beings at

1063

00:42:42,630 --> 00:42:41,599

their lowest like common denominator

1064

00:42:45,510 --> 00:42:42,640

shouldn't have lost their common

1065

00:42:47,190 --> 00:42:45,520

denominator is in everything is energy

1066

00:42:49,510 --> 00:42:47,200

and so what we've got to do we've got to

1067

00:42:52,710 --> 00:42:49,520

do what we can to keep our energy

1068

00:42:55,829 --> 00:42:52,720

vibrating at a high frequency which is a

1069

00:42:56,950 --> 00:42:55,839

frequency of love joy um

1070

00:43:00,309 --> 00:42:56,960

peace

1071

00:43:02,950 --> 00:43:00,319

um you know all the nice things

1072

00:43:05,349 --> 00:43:02,960

low energy is all your aggression and

1073

00:43:07,990 --> 00:43:05,359

your warmongering and your fear and your

1074

00:43:09,910 --> 00:43:08,000

um all the negative stuff

1075

00:43:12,390 --> 00:43:09,920

so you know keeping ourselves in that

1076

00:43:14,790 --> 00:43:12,400

more positive mindset is our biggest

1077

00:43:16,950 --> 00:43:14,800

protection

1078

00:43:19,270 --> 00:43:16,960

so judy i still have plenty of questions

1079

00:43:21,270 --> 00:43:19,280

but i thought um just to make it fair

1080

00:43:23,510 --> 00:43:21,280

would it be all right if we then

1081

00:43:25,270 --> 00:43:23,520

i'll ask a question and so they'll give

1082

00:43:28,390 --> 00:43:25,280

enough time for those that want to jump

1083

00:43:30,390 --> 00:43:28,400

in or telegram to to ask you directly or

1084

00:43:32,630 --> 00:43:30,400

to submit in chat so at least in that

1085

00:43:34,230 --> 00:43:32,640

way we can continue by then maybe coming

1086

00:43:35,430 --> 00:43:34,240

up with other questions that i might not

1087

00:43:37,670 --> 00:43:35,440

know to

1088

00:43:39,829 --> 00:43:37,680

although i am i have very selfish reason

1089

00:43:41,589 --> 00:43:39,839

to ask plenty of others but again i

1090

00:43:43,750 --> 00:43:41,599

would like people to interact more and

1091

00:43:45,109 --> 00:43:43,760

if you don't mind if if we can go into

1092

00:43:47,750 --> 00:43:45,119

that

1093

00:43:49,109 --> 00:43:47,760

sounds good okay so i have i'll ask one

1094

00:43:51,030 --> 00:43:49,119

more question and then they'll give

1095

00:43:52,790 --> 00:43:51,040

enough time for those to log into

1096

00:43:55,670 --> 00:43:52,800

telegram or to

1097

00:43:58,230 --> 00:43:55,680

submit their questions on twitch or

1098

00:44:00,790 --> 00:43:58,240

youtube chat please make sure to uh

1099

00:44:02,710 --> 00:44:00,800

include three asterisks before you ask

1100

00:44:03,750 --> 00:44:02,720

the question so it'll be a lot easier

1101
00:44:05,670 --> 00:44:03,760
for me

1102
00:44:08,790 --> 00:44:05,680
to read it so the question i have for

1103
00:44:11,430 --> 00:44:08,800
you judy is basically

1104
00:44:13,750 --> 00:44:11,440
on a time span since we as as i guess

1105
00:44:15,750 --> 00:44:13,760
these human egos always want the time

1106
00:44:17,829 --> 00:44:15,760
and when and how and all of that if it's

1107
00:44:21,430 --> 00:44:17,839
possible um

1108
00:44:23,589 --> 00:44:21,440
when do do they foresee the contact in

1109
00:44:26,390 --> 00:44:23,599
the way we wish for contact to occur

1110
00:44:29,109 --> 00:44:26,400
when do they foresee that happening

1111
00:44:31,829 --> 00:44:29,119
oh they they won't put a time span on it

1112
00:44:33,589 --> 00:44:31,839
it's really up to humanity um at the

1113
00:44:35,510 --> 00:44:33,599

moment with all the negative stuff being

1114

00:44:38,069 --> 00:44:35,520

put out about the

1115

00:44:41,829 --> 00:44:38,079

um i can't see it happening too you know

1116

00:44:44,630 --> 00:44:41,839

too soon um again time we create our own

1117

00:44:47,510 --> 00:44:44,640

reality so really time and the future

1118

00:44:49,510 --> 00:44:47,520

has been created all the time um and

1119

00:44:51,510 --> 00:44:49,520

there are different timelines like you

1120

00:44:54,230 --> 00:44:51,520

know depends on which timeline we're on

1121

00:44:56,150 --> 00:44:54,240

so now i can't say that i will never

1122

00:44:58,710 --> 00:44:56,160

make predictions and the genuine greys

1123

00:45:01,190 --> 00:44:58,720

won't either because they can't it's up

1124

00:45:02,710 --> 00:45:01,200

to human free will when people are ready

1125

00:45:04,550 --> 00:45:02,720

they'll come

1126

00:45:06,470 --> 00:45:04,560

before that they they'll just they'll

1127

00:45:08,790 --> 00:45:06,480

make their appearances but they won't

1128

00:45:10,630 --> 00:45:08,800

you know come out with a full full-on

1129

00:45:11,829 --> 00:45:10,640

sort of display in the sky or anything

1130

00:45:13,589 --> 00:45:11,839

like that

1131

00:45:16,710 --> 00:45:13,599

okay i understand i thought i'd give it

1132

00:45:21,910 --> 00:45:18,710

okay so the first question i have is

1133

00:45:24,069 --> 00:45:21,920

from edgar and he's asking um are you

1134

00:45:25,510 --> 00:45:24,079

sometimes encouraged to go on specific

1135

00:45:27,430 --> 00:45:25,520

kind of diet

1136

00:45:30,309 --> 00:45:27,440

or eat certain things to prepare your

1137

00:45:32,870 --> 00:45:30,319

physical body for encounter or being in

1138

00:45:35,510 --> 00:45:32,880

their presence

1139

00:45:37,990 --> 00:45:35,520

yeah um look just trying to eat as

1140

00:45:40,550 --> 00:45:38,000

healthy as possible and keeping away

1141

00:45:42,950 --> 00:45:40,560

from things like drugs and alcohol

1142

00:45:44,069 --> 00:45:42,960

because they do mess your mind up

1143

00:45:47,430 --> 00:45:44,079

um

1144

00:45:49,190 --> 00:45:47,440

i i have cut alcohol out completely now

1145

00:45:51,589 --> 00:45:49,200

i used to be i drink a little bit of

1146

00:45:52,390 --> 00:45:51,599

wine um you know being in sugars of

1147

00:45:55,190 --> 00:45:52,400

course

1148

00:45:57,510 --> 00:45:55,200

people tend to but i have cut alcohol

1149

00:45:58,950 --> 00:45:57,520

out completely and i try and eat a very

1150

00:46:00,870 --> 00:45:58,960

healthy diet

1151

00:46:04,150 --> 00:46:00,880

um i know a lot of people are into

1152

00:46:06,870 --> 00:46:04,160

vegetarianism and veganism um but that

1153

00:46:09,750 --> 00:46:06,880

doesn't suit everybody we're in human

1154

00:46:11,829 --> 00:46:09,760

mammalian bodies and different type

1155

00:46:13,670 --> 00:46:11,839

blood types need different diets some

1156

00:46:15,910 --> 00:46:13,680

blood types just can't take being

1157

00:46:18,550 --> 00:46:15,920

vegetarian so don't worry about that too

1158

00:46:20,309 --> 00:46:18,560

much i remember hearing i think it was

1159

00:46:22,150 --> 00:46:20,319

jesus said and i thought this is a

1160

00:46:23,270 --> 00:46:22,160

lovely saying

1161

00:46:25,109 --> 00:46:23,280

he said

1162

00:46:26,950 --> 00:46:25,119

don't worry about what you put into your

1163

00:46:28,470 --> 00:46:26,960

mouth it's what comes out of your mouth

1164

00:46:30,550 --> 00:46:28,480

you've got to worry about

1165

00:46:33,670 --> 00:46:30,560

so don't worry too much about that but

1166

00:46:35,750 --> 00:46:33,680

eat as healthy as a diet as you can and

1167

00:46:37,430 --> 00:46:35,760

just try and live as cleaner life as

1168

00:46:39,750 --> 00:46:37,440

possible because that helps your

1169

00:46:42,390 --> 00:46:39,760

vibrational frequency to come up makes

1170

00:46:45,030 --> 00:46:42,400

contact easier

1171

00:46:46,470 --> 00:46:45,040

great thank you for that um sonia is

1172

00:46:48,870 --> 00:46:46,480

asking uh

1173

00:46:52,390 --> 00:46:48,880

says grace are supposed to be us in the

1174

00:46:55,030 --> 00:46:52,400

future have you heard this as well

1175

00:46:57,589 --> 00:46:55,040

uh the ray is us in the future no that's

1176

00:47:00,470 --> 00:46:57,599

not quite right um i know there was a

1177

00:47:03,510 --> 00:47:00,480

bit of a misinterpretation about that um

1178

00:47:06,790 --> 00:47:03,520

that's not quite right no

1179

00:47:07,670 --> 00:47:06,800

well we're on a different line

1180

00:47:09,829 --> 00:47:07,680

okay

1181

00:47:11,430 --> 00:47:09,839

or is it us from a different dimension

1182

00:47:13,670 --> 00:47:11,440

maybe would that be a better question

1183

00:47:15,589 --> 00:47:13,680

yeah yeah yeah yeah

1184

00:47:16,950 --> 00:47:15,599

okay

1185

00:47:19,829 --> 00:47:16,960

so the

1186

00:47:22,470 --> 00:47:19,839

next question is um

1187

00:47:23,750 --> 00:47:22,480

from a seeking truth 100

1188

00:47:25,829 --> 00:47:23,760

so this

1189

00:47:27,349 --> 00:47:25,839

ai the people are getting put in their

1190

00:47:30,150 --> 00:47:27,359

bodies for

1191

00:47:34,870 --> 00:47:30,160

mandates does this have to do with

1192

00:47:37,910 --> 00:47:35,910

um

1193

00:47:39,990 --> 00:47:37,920

look i don't really i don't know that

1194

00:47:41,990 --> 00:47:40,000

much about it i don't really want to go

1195

00:47:45,190 --> 00:47:42,000

into that because you know i'm getting

1196

00:47:47,349 --> 00:47:45,200

into trouble um i'm not really sure what

1197

00:47:49,030 --> 00:47:47,359

i'm doing i have i have to i'll just

1198

00:47:50,870 --> 00:47:49,040

explain i have to get a job because i

1199

00:47:53,349 --> 00:47:50,880

teach tai chi at the senior citizen

1200

00:47:55,910 --> 00:47:53,359

center um and the mandates are coming in

1201

00:47:57,990 --> 00:47:55,920

i also have a relative who's 101 years

1202

00:47:59,510 --> 00:47:58,000

old in a nursing home and to visit her i

1203

00:48:01,270 --> 00:47:59,520

have to be able to visit her so i'm

1204

00:48:04,549 --> 00:48:01,280

going to get the jobs

1205

00:48:06,790 --> 00:48:04,559

i'm not going into it with fear um i'm

1206

00:48:09,030 --> 00:48:06,800

adjusting my diet to be as healthy as i

1207

00:48:11,430 --> 00:48:09,040

can and i'm a reiki master so i'll be

1208

00:48:14,470 --> 00:48:11,440

giving myself a lot of reiki um my

1209

00:48:15,430 --> 00:48:14,480

intention is it's going to be fine

1210

00:48:18,230 --> 00:48:15,440

okay

1211

00:48:21,670 --> 00:48:18,240

fab 22 is asking is the

1212

00:48:24,150 --> 00:48:21,680

a chill bolt in crop circle of 2001 in

1213

00:48:26,710 --> 00:48:24,160

relation with the arecibo answer of

1214

00:48:29,190 --> 00:48:26,720

1971.

1215

00:48:32,470 --> 00:48:29,200

do you know what he's referring to

1216

00:48:35,030 --> 00:48:32,480

uh oh vaguely i'm i'm not really up on

1217

00:48:37,190 --> 00:48:35,040

crosstalk because i think arecibo answer

1218

00:48:40,230 --> 00:48:37,200

of 1971 there's

1219

00:48:42,870 --> 00:48:40,240

i believe there was a a message sent

1220

00:48:45,190 --> 00:48:42,880

uh kind of a um

1221

00:48:46,390 --> 00:48:45,200

i guess a a different scientists have

1222

00:48:49,109 --> 00:48:46,400

come up with all these different

1223

00:48:51,190 --> 00:48:49,119

mathematical questions and sent an

1224

00:48:52,950 --> 00:48:51,200

answer out there and then sure enough

1225

00:48:56,150 --> 00:48:52,960

there was a crop circle

1226

00:48:58,390 --> 00:48:56,160

that was basically in in regards to the

1227

00:49:00,230 --> 00:48:58,400

graphic and and you know they used to

1228

00:49:02,870 --> 00:49:00,240

have the they kind of put out the strain

1229

00:49:05,670 --> 00:49:02,880

of the dna but then got in return a

1230

00:49:07,190 --> 00:49:05,680

different strain of dna and different

1231

00:49:08,950 --> 00:49:07,200

different answers so

1232

00:49:11,190 --> 00:49:08,960

can you maybe speak to that if not i'll

1233

00:49:11,910 --> 00:49:11,200

just go on to the next question

1234

00:49:15,190 --> 00:49:11,920

yeah

1235

00:49:16,710 --> 00:49:15,200

about yes it was an answer to the

1236

00:49:18,230 --> 00:49:16,720

message that was sent out it was an

1237

00:49:19,990 --> 00:49:18,240

answer to that

1238

00:49:21,270 --> 00:49:20,000

so basically just trying to connect with

1239

00:49:22,790 --> 00:49:21,280

people down here through the crop

1240

00:49:25,109 --> 00:49:22,800

circles because they do they send

1241

00:49:27,270 --> 00:49:25,119

messages through the crop circles and a

1242

00:49:29,349 --> 00:49:27,280

lot of the symbolism that's used in crop

1243

00:49:31,589 --> 00:49:29,359

circles works very much like reiki

1244

00:49:32,390 --> 00:49:31,599

symbols in that they actually impact

1245

00:49:35,030 --> 00:49:32,400

upon

1246

00:49:37,349 --> 00:49:35,040

uh the human dna and vibrational

1247

00:49:39,910 --> 00:49:37,359

frequency to again assist in the shift

1248

00:49:44,710 --> 00:49:41,349

okay thank you

1249

00:49:46,069 --> 00:49:44,720

the next question is from um

1250

00:49:48,470 --> 00:49:46,079

vicky fox

1251
00:49:51,750 --> 00:49:48,480
why are why are they grace using the

1252
00:49:55,190 --> 00:49:51,760
eggs sperm for hybrids

1253
00:49:57,190 --> 00:49:55,200
uh to help to improve their own race and

1254
00:49:59,990 --> 00:49:57,200
to help to improve the human race so

1255
00:50:04,069 --> 00:50:00,000
there's two hybrid species being created

1256
00:50:06,470 --> 00:50:04,079
there's a grey hybrid uh with a lot more

1257
00:50:09,190 --> 00:50:06,480
human dna put in and they're putting off

1258
00:50:11,670 --> 00:50:09,200
planet dna into earth humans to upgrade

1259
00:50:13,109 --> 00:50:11,680
the species not necessarily ray see

1260
00:50:15,190 --> 00:50:13,119
everyone down here what people have got

1261
00:50:17,270 --> 00:50:15,200
to realize is every earth human is a

1262
00:50:19,510 --> 00:50:17,280
hybrid you know we talk about hybrids

1263
00:50:21,109 --> 00:50:19,520

but we're all hybrids um otherwise we'd

1264

00:50:22,549 --> 00:50:21,119

be springing through the trees with our

1265

00:50:25,349 --> 00:50:22,559

tail

1266

00:50:27,750 --> 00:50:25,359

so the hybridization they're using a

1267

00:50:29,990 --> 00:50:27,760

whole range of different off-planet

1268

00:50:33,109 --> 00:50:30,000

genetics depending upon which one you

1269

00:50:35,670 --> 00:50:33,119

resonate with like for example myself

1270

00:50:37,510 --> 00:50:35,680

um i resonate with the greys but plenty

1271

00:50:40,150 --> 00:50:37,520

more other people resonate with the

1272

00:50:41,829 --> 00:50:40,160

pleadians or the syrians or whoever so

1273

00:50:44,470 --> 00:50:41,839

whichever

1274

00:50:47,510 --> 00:50:44,480

group you resonate with would be the dna

1275

00:50:49,109 --> 00:50:47,520

that's being used to upgrade you

1276

00:50:51,589 --> 00:50:49,119

okay

1277

00:50:53,990 --> 00:50:51,599

the next question is from mark

1278

00:50:57,589 --> 00:50:54,000

asking uh please elaborate on contact

1279

00:51:00,710 --> 00:50:57,599

and how it relates to kundalini

1280

00:51:02,309 --> 00:51:00,720

yeah well kundalini is basically it

1281

00:51:05,109 --> 00:51:02,319

comes back to energy raising the

1282

00:51:07,589 --> 00:51:05,119

vibrational frequency so some people who

1283

00:51:10,150 --> 00:51:07,599

have a contact experience do undergo

1284

00:51:11,990 --> 00:51:10,160

kundalini experience as well sometimes

1285

00:51:13,990 --> 00:51:12,000

it happens fast which is just about

1286

00:51:16,790 --> 00:51:14,000

blows your head off um

1287

00:51:18,390 --> 00:51:16,800

other times it's much more gentle and um

1288

00:51:21,190 --> 00:51:18,400

not you know you're not quite aware of

1289

00:51:24,390 --> 00:51:21,200

happening like i've had

1290

00:51:27,510 --> 00:51:24,400

about three upgrades from from upstairs

1291

00:51:28,950 --> 00:51:27,520

during experiences um and one of them

1292

00:51:32,150 --> 00:51:28,960

involved a

1293

00:51:34,470 --> 00:51:32,160

needle with a very large crystal um

1294

00:51:36,790 --> 00:51:34,480

it was about crystal about that being in

1295

00:51:38,790 --> 00:51:36,800

the needle about that long um the

1296

00:51:41,670 --> 00:51:38,800

crystal was a bright blue color being

1297

00:51:43,589 --> 00:51:41,680

inserted into my third eye chapter point

1298

00:51:46,069 --> 00:51:43,599

and i woke up the next morning with a

1299

00:51:47,109 --> 00:51:46,079

crescent crescent-shaped scar on my

1300

00:51:49,589 --> 00:51:47,119

chakra

1301
00:51:52,950 --> 00:51:49,599
um and i came to realize later i'd had a

1302
00:51:54,630 --> 00:51:52,960
huge download of information put in so

1303
00:51:56,549 --> 00:51:54,640
that was sort of like the kundalini

1304
00:51:58,309 --> 00:51:56,559
experience because i could feel it for

1305
00:52:00,790 --> 00:51:58,319
several weeks after i felt a little bit

1306
00:52:02,549 --> 00:52:00,800
sort of off center and

1307
00:52:05,109 --> 00:52:02,559
so yeah it's all linked in together it's

1308
00:52:08,549 --> 00:52:05,119
all to do with energy enhancement and um

1309
00:52:11,589 --> 00:52:08,559
opening up our higher consciousness

1310
00:52:13,589 --> 00:52:11,599
you know it sounds a bit silly you know

1311
00:52:15,030 --> 00:52:13,599
for those that are new to the subject or

1312
00:52:16,870 --> 00:52:15,040
generally

1313
00:52:18,790 --> 00:52:16,880

that are into the subject but don't

1314

00:52:21,270 --> 00:52:18,800

necessarily agree with some of the

1315

00:52:23,109 --> 00:52:21,280

markings left behind and whatnot but

1316

00:52:25,030 --> 00:52:23,119

from personal experience when i was

1317

00:52:26,790 --> 00:52:25,040

still in san luis missouri and attending

1318

00:52:29,109 --> 00:52:26,800

all these different meetings i would

1319

00:52:31,109 --> 00:52:29,119

know some close friends of mine and that

1320

00:52:32,630 --> 00:52:31,119

who's whose experiences i trust very

1321

00:52:34,470 --> 00:52:32,640

much when they say hey this is what i

1322

00:52:36,470 --> 00:52:34,480

went through because they would join

1323

00:52:38,309 --> 00:52:36,480

these small groups to tell a small group

1324

00:52:39,990 --> 00:52:38,319

of people because they're afraid to go

1325

00:52:41,750 --> 00:52:40,000

to a psychiatrist you know and they

1326

00:52:43,829 --> 00:52:41,760

can't tell their friends or family but

1327

00:52:45,109 --> 00:52:43,839

what's very interesting especially when

1328

00:52:47,910 --> 00:52:45,119

then they would tell the different

1329

00:52:49,589 --> 00:52:47,920

stories and then for example um i saw

1330

00:52:51,270 --> 00:52:49,599

this most i don't know it's so weird you

1331

00:52:53,589 --> 00:52:51,280

would think that wouldn't have this much

1332

00:52:55,030 --> 00:52:53,599

effect but on his forearm he had this

1333

00:52:57,510 --> 00:52:55,040

perfect three

1334

00:52:59,430 --> 00:52:57,520

um three dot triangle

1335

00:53:01,990 --> 00:52:59,440

you know wow and it was it was it was

1336

00:53:03,910 --> 00:53:02,000

dark and was very specific and distinct

1337

00:53:06,870 --> 00:53:03,920

you know and it almost looked like a

1338

00:53:09,109 --> 00:53:06,880

laser edged to you know on it but it was

1339

00:53:11,349 --> 00:53:09,119

um it really adds

1340

00:53:13,589 --> 00:53:11,359

something it adds a different level to a

1341

00:53:16,230 --> 00:53:13,599

story it's almost like as if it it

1342

00:53:18,309 --> 00:53:16,240

itself had a vibration to send out you

1343

00:53:20,790 --> 00:53:18,319

know to like oh wow you know it's like

1344

00:53:23,109 --> 00:53:20,800

it's one thing to to convey experiences

1345

00:53:24,950 --> 00:53:23,119

and you know interpret dreams and

1346

00:53:27,589 --> 00:53:24,960

out-of-body experiences but to have this

1347

00:53:29,829 --> 00:53:27,599

physical you know left behind thing it

1348

00:53:32,710 --> 00:53:29,839

really had had quite an effect and it

1349

00:53:34,150 --> 00:53:32,720

does have everyone else yeah yeah i'd

1350

00:53:36,309 --> 00:53:34,160

like to actually put a little short

1351
00:53:39,829 --> 00:53:36,319
story and a very similar thing happened

1352
00:53:41,829 --> 00:53:39,839
to me um one morning i woke up

1353
00:53:43,510 --> 00:53:41,839
a memory of being up on the ship and i

1354
00:53:45,510 --> 00:53:43,520
could remember either lying down on the

1355
00:53:47,589 --> 00:53:45,520
bed or standing behind the bed with my

1356
00:53:50,150 --> 00:53:47,599
body and out of my body and my body

1357
00:53:52,790 --> 00:53:50,160
lying on the bed and two of the little

1358
00:53:54,549 --> 00:53:52,800
grays the young greys were using a laser

1359
00:53:56,710 --> 00:53:54,559
cutter on my leg and i was actually

1360
00:53:58,630 --> 00:53:56,720
allowing them to practice i was teaching

1361
00:54:00,150 --> 00:53:58,640
them how to do it and using my body for

1362
00:54:02,150 --> 00:54:00,160
them to practice on

1363
00:54:03,589 --> 00:54:02,160

anyway i woke up the next morning and i

1364

00:54:05,270 --> 00:54:03,599

couldn't quite remember all the details

1365

00:54:06,870 --> 00:54:05,280

but i knew i'd been there and we were

1366

00:54:09,109 --> 00:54:06,880

going to the beach that day so i went to

1367

00:54:11,990 --> 00:54:09,119

put some suntan lotion on my leg and i

1368

00:54:14,230 --> 00:54:12,000

found this long straight cut about all

1369

00:54:16,390 --> 00:54:14,240

that long right around the bottom part

1370

00:54:18,230 --> 00:54:16,400

of my leg above the ankle

1371

00:54:20,069 --> 00:54:18,240

or it was cauterized with little

1372

00:54:21,030 --> 00:54:20,079

blisters and it was absolutely dead

1373

00:54:24,150 --> 00:54:21,040

straight

1374

00:54:26,150 --> 00:54:24,160

and when i saw it i then memory flooded

1375

00:54:28,150 --> 00:54:26,160

back i remember them doing that on the

1376

00:54:30,230 --> 00:54:28,160

ship and i could remember they were

1377

00:54:31,829 --> 00:54:30,240

trying to they were working down like my

1378

00:54:33,589 --> 00:54:31,839

leg was there and they were

1379

00:54:34,710 --> 00:54:33,599

trying to get down there and they got to

1380

00:54:36,549 --> 00:54:34,720

about there they couldn't get any

1381

00:54:41,510 --> 00:54:36,559

further and i was saying turn the legs

1382

00:54:46,470 --> 00:54:43,829

and i had that um

1383

00:54:48,309 --> 00:54:46,480

uh mark for oh quite a long time we

1384

00:54:50,150 --> 00:54:48,319

didn't have phone cameras back then so i

1385

00:54:52,870 --> 00:54:50,160

never got a photo of it which i really

1386

00:54:54,950 --> 00:54:52,880

wish i had um but there was no pain and

1387

00:54:56,950 --> 00:54:54,960

it healed up very fast but i had a scar

1388

00:54:58,309 --> 00:54:56,960

for quite a long time particularly in

1389

00:55:00,230 --> 00:54:58,319

the park where i could see they've gone

1390

00:55:02,309 --> 00:55:00,240

deeper i'm sorry

1391

00:55:05,270 --> 00:55:02,319

mr dear for saying was this an actual

1392

00:55:06,470 --> 00:55:05,280

cut or just an incision

1393

00:55:08,390 --> 00:55:06,480

uh

1394

00:55:10,390 --> 00:55:08,400

an incision oh okay fairly deep i

1395

00:55:11,990 --> 00:55:10,400

thought she meant like removal of leg i

1396

00:55:14,309 --> 00:55:12,000

was like wow

1397

00:55:16,710 --> 00:55:14,319

no no no no they just just it was an

1398

00:55:19,589 --> 00:55:16,720

incision around my leg and they'd sealed

1399

00:55:21,510 --> 00:55:19,599

it with um you know the laser so it was

1400

00:55:23,109 --> 00:55:21,520

a laser cut and then they'd used at the

1401

00:55:25,190 --> 00:55:23,119

laser thing to

1402

00:55:26,630 --> 00:55:25,200

um cauterize it

1403

00:55:29,270 --> 00:55:26,640

okay it was about

1404

00:55:31,910 --> 00:55:29,280

four inches long yeah

1405

00:55:33,990 --> 00:55:31,920

uh so uh the next question is from edgar

1406

00:55:35,190 --> 00:55:34,000

again and some of these

1407

00:55:37,109 --> 00:55:35,200

i guess i don't know if they didn't

1408

00:55:38,230 --> 00:55:37,119

catch it earlier but uh you know i hope

1409

00:55:40,069 --> 00:55:38,240

um you know

1410

00:55:42,230 --> 00:55:40,079

you don't mind me asking you again uh

1411

00:55:44,150 --> 00:55:42,240

just for their sake the question is um

1412

00:55:47,270 --> 00:55:44,160

are you in telepathy contact with your

1413

00:55:49,589 --> 00:55:47,280

star being context thank you

1414

00:55:52,230 --> 00:55:49,599

yes i am yeah that's that's how all my

1415

00:55:54,390 --> 00:55:52,240

books have come through um by telepathy

1416

00:55:56,789 --> 00:55:54,400

contact well it's really funny because

1417

00:55:58,630 --> 00:55:56,799

um i've written five books now and when

1418

00:56:01,030 --> 00:55:58,640

i go back and read the first one the

1419

00:56:02,630 --> 00:56:01,040

sata message i'll read it i'll think oh

1420

00:56:04,309 --> 00:56:02,640

my goodness i don't remember writing

1421

00:56:06,309 --> 00:56:04,319

that

1422

00:56:07,910 --> 00:56:06,319

right they've taught me to be in contact

1423

00:56:09,349 --> 00:56:07,920

with them and to write at the same time

1424

00:56:11,109 --> 00:56:09,359

then i'll go back and i'll read it i

1425

00:56:12,390 --> 00:56:11,119

won't remember having written it so it's

1426

00:56:16,870 --> 00:56:12,400

quite interesting

1427

00:56:21,589 --> 00:56:19,750

so regarding then your latest work uh is

1428

00:56:24,150 --> 00:56:21,599

what what is the general gist of it if

1429

00:56:26,069 --> 00:56:24,160

you don't mind going into that

1430

00:56:28,150 --> 00:56:26,079

um

1431

00:56:30,789 --> 00:56:28,160

yeah i've actually had two books

1432

00:56:34,549 --> 00:56:30,799

released um hang on i've got pictures of

1433

00:56:37,829 --> 00:56:34,559

them here um one of them i'll hold it up

1434

00:56:39,990 --> 00:56:37,839

is called cosmic spirituality blending

1435

00:56:42,309 --> 00:56:40,000

religion and science in oneness from an

1436

00:56:45,109 --> 00:56:42,319

off planet perspective and that's part

1437

00:56:47,589 --> 00:56:45,119

of my work down here is blending

1438

00:56:50,230 --> 00:56:47,599

religion and science together because

1439

00:56:52,309 --> 00:56:50,240

they should work totally in unison with

1440

00:56:55,190 --> 00:56:52,319

each other instead of being almost

1441

00:56:56,630 --> 00:56:55,200

opposing forces like they can be

1442

00:56:58,630 --> 00:56:56,640

because

1443

00:57:00,789 --> 00:56:58,640

spirituality religion science they're

1444

00:57:03,030 --> 00:57:00,799

all in one packaging it's all to do with

1445

00:57:05,670 --> 00:57:03,040

energy frequencies and raising your

1446

00:57:08,309 --> 00:57:05,680

vibrational frequency which you can do

1447

00:57:10,630 --> 00:57:08,319

through spiritual practice of some sort

1448

00:57:12,950 --> 00:57:10,640

um my opinion is it more like practical

1449

00:57:14,150 --> 00:57:12,960

of things that you were given examples

1450

00:57:17,430 --> 00:57:14,160

or

1451

00:57:19,589 --> 00:57:17,440

yeah yeah um what i've explained the

1452

00:57:21,270 --> 00:57:19,599

nature of god in it which is really not

1453

00:57:23,190 --> 00:57:21,280

understood down here people get all

1454

00:57:25,510 --> 00:57:23,200

mixed up about god they almost think of

1455

00:57:26,950 --> 00:57:25,520

god as being a 3d old man up on the

1456

00:57:29,510 --> 00:57:26,960

cloud or something and i've gone into

1457

00:57:31,190 --> 00:57:29,520

great detail about that what god source

1458

00:57:33,990 --> 00:57:31,200

energy actually is

1459

00:57:36,470 --> 00:57:34,000

um i've gone into the energy component

1460

00:57:38,549 --> 00:57:36,480

behind the seven sacraments of religion

1461

00:57:40,710 --> 00:57:38,559

i was actually raised catholic i was

1462

00:57:42,870 --> 00:57:40,720

educated in the convent

1463

00:57:45,109 --> 00:57:42,880

um so religion's always been fairly

1464

00:57:47,910 --> 00:57:45,119

important to me i was always drawn to it

1465

00:57:51,190 --> 00:57:47,920

um and until i realized that i was

1466

00:57:53,349 --> 00:57:51,200

seeking my higher grade spirituality

1467

00:57:55,270 --> 00:57:53,359

that was what i was missing and so i

1468

00:57:56,549 --> 00:57:55,280

notice a lot of greys down here drawn

1469

00:57:59,670 --> 00:57:56,559

into religion

1470

00:58:01,750 --> 00:57:59,680

um so yes there's the energetic meaning

1471

00:58:03,589 --> 00:58:01,760

behind the seven sacraments is in the

1472

00:58:06,789 --> 00:58:03,599

catholic church you know baptism

1473

00:58:09,190 --> 00:58:06,799

confirmation holy communion those

1474

00:58:11,990 --> 00:58:09,200

i've also presented a symbol

1475

00:58:14,870 --> 00:58:12,000

called the tanaka which is star language

1476

00:58:17,030 --> 00:58:14,880

for i am me in we

1477

00:58:18,309 --> 00:58:17,040

and this symbol was given to us many

1478

00:58:20,870 --> 00:58:18,319

years ago

1479

00:58:24,710 --> 00:58:20,880

um and it illustrates

1480

00:58:27,109 --> 00:58:24,720

through to 5d reality um really hard to

1481

00:58:28,950 --> 00:58:27,119

explain in words but i'll put a lot of

1482

00:58:31,589 --> 00:58:28,960

information on the symbol i'll just see

1483

00:58:34,470 --> 00:58:31,599

i've got here i'll just hold it up

1484

00:58:37,030 --> 00:58:34,480

um and it's to assist their transition

1485

00:58:37,910 --> 00:58:37,040

into the fifth world consciousness

1486

00:58:39,910 --> 00:58:37,920

um

1487

00:58:42,230 --> 00:58:39,920

there's instructions on how to draw it

1488

00:58:44,309 --> 00:58:42,240

and how to use it in my cosmic

1489

00:58:46,230 --> 00:58:44,319

spirituality books

1490

00:58:48,309 --> 00:58:46,240

um so yeah there's a lot of information

1491

00:58:51,589 --> 00:58:48,319

in there

1492

00:58:53,829 --> 00:58:51,599

you know i find that simple sarm

1493

00:58:55,510 --> 00:58:53,839

that seemed to be a vital

1494

00:58:58,230 --> 00:58:55,520

a vital tool

1495

00:59:00,390 --> 00:58:58,240

in awakening or at least triggering a

1496

00:59:02,150 --> 00:59:00,400

part within ourselves that's pretty

1497

00:59:03,910 --> 00:59:02,160

interesting that was always there but

1498

00:59:06,870 --> 00:59:03,920

you never knew until you actually have

1499

00:59:08,230 --> 00:59:06,880

an experience uh one particular one um i

1500

00:59:11,030 --> 00:59:08,240

don't know if you're familiar with daryl

1501

00:59:13,750 --> 00:59:11,040

anchor channeling bashar

1502

00:59:15,349 --> 00:59:13,760

yes aaron okay well he uh you probably

1503

00:59:17,990 --> 00:59:15,359

already know as well that he has these

1504

00:59:20,230 --> 00:59:18,000

15 symbols that he had given out and

1505

00:59:21,990 --> 00:59:20,240

asked people to meditate on each symbol

1506

00:59:25,270 --> 00:59:22,000

for one minutes or a 15 minute

1507

00:59:26,630 --> 00:59:25,280

meditation and i had quite an experience

1508

00:59:28,789 --> 00:59:26,640

um

1509

00:59:31,109 --> 00:59:28,799

that that came about from that it was

1510

00:59:32,789 --> 00:59:31,119

interesting too that you know i held on

1511

00:59:34,230 --> 00:59:32,799

to it for the longest time i've always

1512

00:59:35,829 --> 00:59:34,240

known about it and just out of nowhere i

1513

00:59:38,470 --> 00:59:35,839

was like let me just try it see what

1514

00:59:40,549 --> 00:59:38,480

happens and um literally the first time

1515

00:59:42,710 --> 00:59:40,559

i've seen it it just opened up an

1516

00:59:45,190 --> 00:59:42,720

experience that i can write like two

1517

00:59:46,390 --> 00:59:45,200

books about but anyway what i was

1518

00:59:49,750 --> 00:59:46,400

gonna say

1519

00:59:51,910 --> 00:59:49,760

is what is exactly um what is kind of

1520

00:59:54,390 --> 00:59:51,920

like what is the nature of these symbols

1521

00:59:57,270 --> 00:59:54,400

is it that the the first

1522

00:59:58,789 --> 00:59:57,280

racist eons ago that as they're moving

1523

01:00:00,549 --> 00:59:58,799

forward they're realizing and

1524

01:00:02,470 --> 01:00:00,559

understanding certain things so they're

1525

01:00:04,789 --> 01:00:02,480

kind of leaving these breadcrumbs behind

1526
01:00:07,430 --> 01:00:04,799
for the rest of us or you know can can

1527
01:00:09,750 --> 01:00:07,440
you speak on that a little bit please

1528
01:00:11,829 --> 01:00:09,760
um yeah yeah um

1529
01:00:13,349 --> 01:00:11,839
people don't realize there was a lot of

1530
01:00:15,510 --> 01:00:13,359
knowledge on planet earth that's been

1531
01:00:17,670 --> 01:00:15,520
lost it's going back over um you know

1532
01:00:19,910 --> 01:00:17,680
billions of years and there were earlier

1533
01:00:21,510 --> 01:00:19,920
races on earth who have probably left

1534
01:00:23,829 --> 01:00:21,520
things for people

1535
01:00:26,549 --> 01:00:23,839
how symbols work is they actually

1536
01:00:28,230 --> 01:00:26,559
directly affect our energy body so

1537
01:00:29,430 --> 01:00:28,240
whether they're ancient symbols or

1538
01:00:31,910 --> 01:00:29,440

whether they're symbols that have been

1539

01:00:33,510 --> 01:00:31,920

given now by ones like bashar or this

1540

01:00:35,990 --> 01:00:33,520

one that our teachers gave us or the

1541

01:00:39,030 --> 01:00:36,000

crop circles or whatever they directly

1542

01:00:41,030 --> 01:00:39,040

work on our energy body to again assist

1543

01:00:42,710 --> 01:00:41,040

to raise their vibrational frequency i

1544

01:00:45,190 --> 01:00:42,720

know i keep going back to that but

1545

01:00:46,549 --> 01:00:45,200

that's the one important point

1546

01:00:49,030 --> 01:00:46,559

um is

1547

01:00:50,069 --> 01:00:49,040

shifting our frequency to a higher

1548

01:00:51,990 --> 01:00:50,079

octave

1549

01:00:54,230 --> 01:00:52,000

basically what all these symbols are

1550

01:00:55,990 --> 01:00:54,240

about

1551

01:00:58,309 --> 01:00:56,000

and you know um what i've also find

1552

01:00:59,910 --> 01:00:58,319

interesting too uh and i'd appreciate

1553

01:01:02,549 --> 01:00:59,920

you know comment on this

1554

01:01:04,870 --> 01:01:02,559

vibra the change of frequencies i mean

1555

01:01:08,150 --> 01:01:04,880

it can be vast but sometimes a change of

1556

01:01:11,030 --> 01:01:08,160

frequencies can simply be our perception

1557

01:01:12,789 --> 01:01:11,040

of of moods as well you know whether

1558

01:01:15,349 --> 01:01:12,799

people you know don't always have to

1559

01:01:16,789 --> 01:01:15,359

just associate this huge frequency shift

1560

01:01:18,870 --> 01:01:16,799

to where they feel like this body

1561

01:01:19,670 --> 01:01:18,880

shaking and all that it could simply be

1562

01:01:21,589 --> 01:01:19,680

of

1563

01:01:23,349 --> 01:01:21,599

one at one minute you're angry about

1564

01:01:25,109 --> 01:01:23,359

something and then next second you're at

1565

01:01:27,270 --> 01:01:25,119

peace and you're okay with whatever just

1566

01:01:29,349 --> 01:01:27,280

happened you know that's a frequency

1567

01:01:31,670 --> 01:01:29,359

change but it's so subtle we don't think

1568

01:01:33,349 --> 01:01:31,680

of it as that way we just say well i was

1569

01:01:35,109 --> 01:01:33,359

mad but i decided to let it go because

1570

01:01:36,630 --> 01:01:35,119

it's fine you know well different

1571

01:01:39,430 --> 01:01:36,640

frequencies have different effects so

1572

01:01:41,190 --> 01:01:39,440

your state of mind changes too

1573

01:01:44,230 --> 01:01:41,200

oh yeah oh yeah that's for sure that's

1574

01:01:46,630 --> 01:01:44,240

for sure um and um you know sometimes

1575

01:01:48,630 --> 01:01:46,640

it's a really an amazing oh i had a

1576

01:01:50,710 --> 01:01:48,640

kundalini experience you know it changes

1577

01:01:53,670 --> 01:01:50,720

your life bang but in the majority of

1578

01:01:55,430 --> 01:01:53,680

cases it's so slow and so subtle

1579

01:01:57,029 --> 01:01:55,440

i've come to realize this after the

1580

01:01:59,349 --> 01:01:57,039

downloads that i've received from the

1581

01:02:01,670 --> 01:01:59,359

upstairs family i don't even realize

1582

01:02:03,750 --> 01:02:01,680

it's happened at first but over the next

1583

01:02:06,390 --> 01:02:03,760

few weeks or over the next few years

1584

01:02:07,990 --> 01:02:06,400

i'll start to come you know it starts to

1585

01:02:10,230 --> 01:02:08,000

come to the surface it's like it's

1586

01:02:13,109 --> 01:02:10,240

bubbles up to the surface

1587

01:02:14,710 --> 01:02:13,119

um and you realize gee you know that

1588

01:02:16,950 --> 01:02:14,720

that was huge

1589

01:02:18,829 --> 01:02:16,960

um like i know after my

1590

01:02:20,470 --> 01:02:18,839

experience back in

1591

01:02:22,950 --> 01:02:20,480

1983

1592

01:02:25,190 --> 01:02:22,960

um it was actually a walk-in experience

1593

01:02:28,150 --> 01:02:25,200

because i became a different person but

1594

01:02:31,109 --> 01:02:28,160

all it was was my higher et self stepped

1595

01:02:33,430 --> 01:02:31,119

into my conscious awareness but it took

1596

01:02:35,990 --> 01:02:33,440

a while and took a lot of practice for

1597

01:02:37,589 --> 01:02:36,000

me to really be able to express it

1598

01:02:40,230 --> 01:02:37,599

and this is why they told me to learn

1599

01:02:41,990 --> 01:02:40,240

meditation learn tai chi learn a healing

1600

01:02:44,230 --> 01:02:42,000

modality of some sort

1601
01:02:47,190 --> 01:02:44,240
they were the tools that the greys gave

1602
01:02:48,789 --> 01:02:47,200
me to use and we had a long long talk

1603
01:02:50,390 --> 01:02:48,799
about it i think there was missing time

1604
01:02:52,390 --> 01:02:50,400
involved because oh they talked and

1605
01:02:54,230 --> 01:02:52,400
talked and talked and we sort of bounce

1606
01:02:55,589 --> 01:02:54,240
it back between each other and what you

1607
01:02:57,829 --> 01:02:55,599
know what do you want me to do and then

1608
01:02:59,829 --> 01:02:57,839
they tell me and oh what's tai chi and

1609
01:03:01,990 --> 01:02:59,839
oh something like yoga i can remember

1610
01:03:04,470 --> 01:03:02,000
all this conversation going on but it

1611
01:03:06,630 --> 01:03:04,480
took um you know three years for a start

1612
01:03:08,630 --> 01:03:06,640
for everything to fall into place for me

1613
01:03:10,150 --> 01:03:08,640

to be able to take tai chi classes and

1614

01:03:13,990 --> 01:03:10,160

find a meditation group and that it

1615

01:03:19,270 --> 01:03:16,470

great thank you for that um

1616

01:03:20,470 --> 01:03:19,280

i have a question from penny uh

1617

01:03:22,950 --> 01:03:20,480

saying hi

1618

01:03:26,309 --> 01:03:22,960

um hi judy thank you my question is do

1619

01:03:27,670 --> 01:03:26,319

the grace work with the sasquatch

1620

01:03:32,069 --> 01:03:27,680

yes they do

1621

01:03:34,470 --> 01:03:32,079

on board the ships um

1622

01:03:36,309 --> 01:03:34,480

the sasquatch came under attack from the

1623

01:03:39,430 --> 01:03:36,319

planetary controllers that i was talking

1624

01:03:41,510 --> 01:03:39,440

about before um and the greys and other

1625

01:03:43,910 --> 01:03:41,520

et's actually took them to an inner

1626

01:03:46,549 --> 01:03:43,920

dimension of the earth to keep them safe

1627

01:03:47,990 --> 01:03:46,559

and this is the reason why a sasquatch

1628

01:03:49,670 --> 01:03:48,000

can be seen and then the next minute

1629

01:03:51,270 --> 01:03:49,680

they disappear they go through a

1630

01:03:53,190 --> 01:03:51,280

dimensional portal

1631

01:03:54,069 --> 01:03:53,200

same with the was that something that

1632

01:03:55,510 --> 01:03:54,079

happened

1633

01:04:00,789 --> 01:03:55,520

was that something that occurred a while

1634

01:04:04,789 --> 01:04:02,870

i know it's not your maybe if you feel

1635

01:04:06,470 --> 01:04:04,799

but can you please go as much detail as

1636

01:04:08,390 --> 01:04:06,480

you can about that i personally find it

1637

01:04:10,549 --> 01:04:08,400

very interesting regarding because all

1638

01:04:13,109 --> 01:04:10,559

the stories i've ever heard was always

1639

01:04:15,109 --> 01:04:13,119

the grace in combination with the

1640

01:04:17,349 --> 01:04:15,119

sasquatch being seen together not

1641

01:04:19,430 --> 01:04:17,359

necessarily other races maybe someone

1642

01:04:21,589 --> 01:04:19,440

else has but i haven't

1643

01:04:23,029 --> 01:04:21,599

yeah it's generally the greys they tend

1644

01:04:25,510 --> 01:04:23,039

to be the ones who

1645

01:04:27,510 --> 01:04:25,520

um initiate these things uh they were

1646

01:04:30,470 --> 01:04:27,520

the ones who took the sasquatch into

1647

01:04:32,789 --> 01:04:30,480

protection into another dimension um and

1648

01:04:34,150 --> 01:04:32,799

this is why the sasquatch are so clever

1649

01:04:37,029 --> 01:04:34,160

when it comes to working through

1650

01:04:39,190 --> 01:04:37,039

dimensions and um you know they're much

1651
01:04:41,349 --> 01:04:39,200
more consciously aware than we are i

1652
01:04:42,870 --> 01:04:41,359
know they they look more animal-like but

1653
01:04:45,190 --> 01:04:42,880
they're actually much more consciously

1654
01:04:47,349 --> 01:04:45,200
aware because they've spent more time

1655
01:04:48,950 --> 01:04:47,359
with the et's and have that training and

1656
01:04:50,470 --> 01:04:48,960
opening up

1657
01:04:51,910 --> 01:04:50,480
but they're they're interdimensional

1658
01:04:54,069 --> 01:04:51,920
beings and they can move between

1659
01:04:56,230 --> 01:04:54,079
dimensions and that's why there's very

1660
01:04:58,309 --> 01:04:56,240
little physical evidence of them because

1661
01:05:00,789 --> 01:04:58,319
they don't live in a third dimensional

1662
01:05:03,990 --> 01:05:00,799
frequency they live on a sort of a

1663
01:05:07,109 --> 01:05:04,000

parallel world for want of a better word

1664

01:05:08,390 --> 01:05:07,119

were they here before the humans

1665

01:05:11,829 --> 01:05:08,400

yes yes

1666

01:05:14,069 --> 01:05:11,839

yes they are the race prior to humans

1667

01:05:15,829 --> 01:05:14,079

modern day humans i mean

1668

01:05:16,549 --> 01:05:15,839

so i guess it would be safe to say that

1669

01:05:18,230 --> 01:05:16,559

they

1670

01:05:20,470 --> 01:05:18,240

are the original inhabitants of the

1671

01:05:24,549 --> 01:05:20,480

planet and we are the aliens

1672

01:05:29,109 --> 01:05:28,390

so um uh regarding context and i i don't

1673

01:05:31,349 --> 01:05:29,119

know

1674

01:05:33,109 --> 01:05:31,359

mary rodwell concentrates more on this

1675

01:05:35,270 --> 01:05:33,119

particular part but

1676

01:05:37,190 --> 01:05:35,280

i know how the whole stigma about alien

1677

01:05:39,270 --> 01:05:37,200

contact is happening in the united

1678

01:05:41,430 --> 01:05:39,280

states what is sort of uh the the

1679

01:05:43,510 --> 01:05:41,440

australian point of view is there a

1680

01:05:45,270 --> 01:05:43,520

growing group and community regarding

1681

01:05:47,510 --> 01:05:45,280

that or is it kind of still shown and

1682

01:05:50,069 --> 01:05:47,520

frowned upon

1683

01:05:52,309 --> 01:05:50,079

um i can see it opening up quite a lot

1684

01:05:54,230 --> 01:05:52,319

um i don't know what's been shown over

1685

01:05:56,950 --> 01:05:54,240

in the united states but they've had a

1686

01:05:59,910 --> 01:05:56,960

couple of very good programs here over

1687

01:06:02,150 --> 01:05:59,920

the last few months on it um showing

1688

01:06:05,750 --> 01:06:02,160

that that footage that was taken off

1689

01:06:08,470 --> 01:06:05,760

that navy ship um showing a ufo they'll

1690

01:06:09,990 --> 01:06:08,480

pick it up in their radar and they also

1691

01:06:13,670 --> 01:06:10,000

interviewed um

1692

01:06:16,150 --> 01:06:13,680

gentlemen who was uh the commander of a

1693

01:06:17,190 --> 01:06:16,160

nuclear base robert salas i think his

1694

01:06:18,950 --> 01:06:17,200

name is

1695

01:06:22,710 --> 01:06:18,960

salas

1696

01:06:24,870 --> 01:06:22,720

and they spoke with him about how the

1697

01:06:27,990 --> 01:06:24,880

et's turned off some of their nuclear

1698

01:06:30,069 --> 01:06:28,000

weapons um they all went down all at

1699

01:06:33,670 --> 01:06:30,079

once at this nuclear base

1700

01:06:35,990 --> 01:06:33,680

and as he said from what he believes and

1701

01:06:37,990 --> 01:06:36,000

he absolutely right here the message

1702

01:06:39,910 --> 01:06:38,000

they're trying to get across is don't go

1703

01:06:41,829 --> 01:06:39,920

down the path of nuclear weaponry

1704

01:06:42,710 --> 01:06:41,839

because it's too dangerous it affects

1705

01:06:45,430 --> 01:06:42,720

other

1706

01:06:46,470 --> 01:06:45,440

um realities outside of earth plain

1707

01:06:48,710 --> 01:06:46,480

reality

1708

01:06:51,190 --> 01:06:48,720

um it affects right through the galaxies

1709

01:06:53,589 --> 01:06:51,200

and um they want us to learn to live in

1710

01:06:55,190 --> 01:06:53,599

peace and going down the nuclear path

1711

01:06:57,190 --> 01:06:55,200

isn't that way

1712

01:06:58,549 --> 01:06:57,200

so that you know he he was quite right

1713

01:07:01,510 --> 01:06:58,559

there that's what he assumed that they

1714

01:07:04,230 --> 01:07:01,520

were trying to say

1715

01:07:05,589 --> 01:07:04,240

so when it comes to contact uh some of

1716

01:07:07,510 --> 01:07:05,599

the um

1717

01:07:09,990 --> 01:07:07,520

i guess

1718

01:07:11,510 --> 01:07:10,000

the biggest argument regarding contact

1719

01:07:13,349 --> 01:07:11,520

you'd always say well why don't they

1720

01:07:15,349 --> 01:07:13,359

just contact the scientist or somebody

1721

01:07:16,870 --> 01:07:15,359

in the government someone they can deal

1722

01:07:18,870 --> 01:07:16,880

with this more so we can get to the

1723

01:07:20,950 --> 01:07:18,880

bottom of it and

1724

01:07:23,670 --> 01:07:20,960

from my personal experiences or it's not

1725

01:07:26,549 --> 01:07:23,680

never it's it's not never it hasn't been

1726

01:07:29,829 --> 01:07:26,559

exactly about who's smarter but it's

1727

01:07:32,630 --> 01:07:29,839

morally mainly about who's just more

1728

01:07:34,309 --> 01:07:32,640

open emotionally and otherwise regarding

1729

01:07:35,190 --> 01:07:34,319

these type of things because it is quite

1730

01:07:40,549 --> 01:07:35,200

weird

1731

01:07:42,630 --> 01:07:40,559

reality on these different dimensions

1732

01:07:44,630 --> 01:07:42,640

and so you know it's not not everyone

1733

01:07:46,069 --> 01:07:44,640

just every day will just wake up and go

1734

01:07:47,829 --> 01:07:46,079

what does that feel like let me check

1735

01:07:49,430 --> 01:07:47,839

that out you know and just be totally

1736

01:07:51,270 --> 01:07:49,440

open and okay with that you know most of

1737

01:07:53,990 --> 01:07:51,280

us just want to keep on living our lives

1738

01:07:56,630 --> 01:07:54,000

the way we live it on the planet so um

1739

01:07:58,309 --> 01:07:56,640

can you or whatever maybe the the grace

1740

01:08:00,309 --> 01:07:58,319

might have conveyed to you can you speak

1741

01:08:03,430 --> 01:08:00,319

to that too

1742

01:08:06,710 --> 01:08:03,440

yeah yeah um i think the the bottom line

1743

01:08:08,950 --> 01:08:06,720

is of um skepticism and cynicism has to

1744

01:08:10,710 --> 01:08:08,960

be fair people don't are scared they

1745

01:08:13,829 --> 01:08:10,720

don't want to acknowledge something

1746

01:08:15,589 --> 01:08:13,839

that's so huge because when the et's do

1747

01:08:17,749 --> 01:08:15,599

eventually make contact it's just going

1748

01:08:19,749 --> 01:08:17,759

to blow the whole religion of politics

1749

01:08:22,070 --> 01:08:19,759

thing down here wide open

1750

01:08:24,309 --> 01:08:22,080

um so a lot of people who are

1751

01:08:25,910 --> 01:08:24,319

invested in these um

1752

01:08:28,070 --> 01:08:25,920

these establishments

1753

01:08:30,229 --> 01:08:28,080

are doing their best to keep it hidden

1754

01:08:32,070 --> 01:08:30,239

like for example ships have crashed down

1755

01:08:34,309 --> 01:08:32,080

here but you know

1756

01:08:35,829 --> 01:08:34,319

people have died you know rather than

1757

01:08:38,149 --> 01:08:35,839

being allowed to speak out about it

1758

01:08:41,189 --> 01:08:38,159

they've been killed um so you know

1759

01:08:43,510 --> 01:08:41,199

there's a huge huge cover-up going on um

1760

01:08:45,510 --> 01:08:43,520

which the et's aren't they're not the

1761

01:08:47,990 --> 01:08:45,520

ones initiating it it's the authorities

1762

01:08:51,510 --> 01:08:48,000

down here doing it um

1763

01:08:53,829 --> 01:08:51,520

so yeah absolutely for sure

1764

01:08:55,749 --> 01:08:53,839

it's frustrating you know we'd love to

1765

01:08:57,749 --> 01:08:55,759

just come here and the other but the

1766

01:08:59,749 --> 01:08:57,759

other thing is it's not about

1767

01:09:02,070 --> 01:08:59,759

physicality what the et's are trying to

1768

01:09:05,990 --> 01:09:02,080

get people to do is to open their

1769

01:09:07,990 --> 01:09:06,000

awareness to higher frequencies now okay

1770

01:09:10,149 --> 01:09:08,000

if they if they came down and landed on

1771

01:09:11,430 --> 01:09:10,159

the white house lawn yeah okay a few

1772

01:09:13,189 --> 01:09:11,440

people

1773

01:09:15,510 --> 01:09:13,199

get all excited and that then would be

1774

01:09:17,110 --> 01:09:15,520

hushed up but that's not helping people

1775

01:09:19,189 --> 01:09:17,120

open up their higher higher

1776

01:09:21,910 --> 01:09:19,199

consciousness because it's a 3d

1777

01:09:23,030 --> 01:09:21,920

experience the ets are sort of it's like

1778

01:09:25,829 --> 01:09:23,040

um

1779

01:09:30,709 --> 01:09:25,839

uh what's the word evolution needs

1780

01:09:33,430 --> 01:09:30,719

something to like a catalyst to um

1781

01:09:35,189 --> 01:09:33,440

get it going like the need to move out

1782

01:09:37,590 --> 01:09:35,199

of the water and come out and walk on

1783

01:09:39,910 --> 01:09:37,600

two legs or the need to stop living up

1784

01:09:43,189 --> 01:09:39,920

in trees and to come down you know walk

1785

01:09:45,749 --> 01:09:43,199

on the ground so the catalyst in this is

1786

01:09:49,110 --> 01:09:45,759

is to make people open up deeper

1787

01:09:51,110 --> 01:09:49,120

awareness not just pandering to their 3d

1788

01:09:52,950 --> 01:09:51,120

senses

1789

01:09:56,470 --> 01:09:52,960

okay yeah that makes sense

1790

01:09:58,790 --> 01:09:56,480

so judy do you um basically just um is

1791

01:10:01,030 --> 01:09:58,800

there any final thoughts maybe you would

1792

01:10:03,590 --> 01:10:01,040

like to leave us and then i also would

1793

01:10:04,550 --> 01:10:03,600

like to ask you to just um for those

1794

01:10:07,110 --> 01:10:04,560

watching

1795

01:10:08,950 --> 01:10:07,120

all that i forgot earlier today uh as

1796

01:10:11,189 --> 01:10:08,960

always i always ask the guests to send

1797

01:10:13,510 --> 01:10:11,199

any links any way that they can be

1798

01:10:15,590 --> 01:10:13,520

contacted or at least to where some of

1799

01:10:17,110 --> 01:10:15,600

the works can be found so all the links

1800

01:10:18,550 --> 01:10:17,120

are in the description below and i

1801

01:10:20,950 --> 01:10:18,560

certainly hope you check it out and

1802

01:10:22,950 --> 01:10:20,960

learn more about what judy has to offer

1803

01:10:26,790 --> 01:10:22,960

but also i would like to leave it up to

1804

01:10:28,950 --> 01:10:26,800

you too to refresh every everyone's uh

1805

01:10:30,390 --> 01:10:28,960

mind as well where they can go to look

1806

01:10:33,110 --> 01:10:30,400

up your work

1807

01:10:35,189 --> 01:10:33,120

uh yeah um

1808

01:10:37,750 --> 01:10:35,199

the main thing for people to understand

1809

01:10:40,630 --> 01:10:37,760

is what quantum physics is starting to

1810

01:10:43,669 --> 01:10:40,640

prove we create our reality by the way

1811

01:10:47,510 --> 01:10:43,679

we think and so thinking positive is

1812

01:10:49,750 --> 01:10:47,520

absolutely vital at this time and we're

1813

01:10:52,149 --> 01:10:49,760

really being tested i understand that i

1814

01:10:53,990 --> 01:10:52,159

understand how hard it is it's a real

1815

01:10:56,070 --> 01:10:54,000

it's a real old armageddon battle the

1816

01:10:58,149 --> 01:10:56,080

armageddon battles not between religions

1817

01:11:00,630 --> 01:10:58,159

it's going on in human hearts between

1818

01:11:02,470 --> 01:11:00,640

love and fear do we link into our you

1819

01:11:04,550 --> 01:11:02,480

know our christ buddha krishna

1820

01:11:06,630 --> 01:11:04,560

consciousness or do we link into our

1821

01:11:08,550 --> 01:11:06,640

satan consciousness which is the fear

1822

01:11:10,709 --> 01:11:08,560

and this is the decision that everybody

1823

01:11:13,669 --> 01:11:10,719

has to make right now on an individual

1824

01:11:15,430 --> 01:11:13,679

basis um and that that i think that's

1825

01:11:16,950 --> 01:11:15,440

the best final word i can leave people

1826

01:11:19,350 --> 01:11:16,960

with it's a really really important

1827

01:11:21,350 --> 01:11:19,360

decision to make choose positive rather

1828

01:11:23,510 --> 01:11:21,360

than negatives

1829

01:11:26,550 --> 01:11:23,520

and uh please do tell us about any of

1830

01:11:28,310 --> 01:11:26,560

your social media or website

1831

01:11:30,070 --> 01:11:28,320

us sorry

1832

01:11:32,709 --> 01:11:30,080

to tell us about any of your social

1833

01:11:35,669 --> 01:11:32,719

medias where maybe people can go in and

1834

01:11:36,470 --> 01:11:35,679

follow you or a website yeah yeah yes

1835

01:11:40,550 --> 01:11:36,480

our

1836

01:11:43,350 --> 01:11:40,560

website is ufo gray info

1837

01:11:47,350 --> 01:11:43,360

and that's gray spelled with an e in the

1838

01:11:51,110 --> 01:11:47,360

australian way ufo grayinfo.com

1839

01:11:52,070 --> 01:11:51,120

we also have a youtube channel which is

1840

01:11:57,270 --> 01:11:52,080

um

1841

01:12:03,189 --> 01:12:00,870

user slash the zeta message and the data

1842

01:12:06,870 --> 01:12:03,199

message message is all one word but a

1843

01:12:08,870 --> 01:12:06,880

capital t capital z capital m that's our

1844

01:12:11,990 --> 01:12:08,880

youtube channel we've got a lot of stuff

1845

01:12:13,430 --> 01:12:12,000

up there um my books are all available

1846

01:12:16,550 --> 01:12:13,440

on amazon

1847

01:12:19,189 --> 01:12:16,560

um my last two books um entitled cosmic

1848

01:12:22,709 --> 01:12:19,199

spirituality blending religion and

1849

01:12:24,470 --> 01:12:22,719

science in oneness and my other book an

1850

01:12:26,390 --> 01:12:24,480

interview with an alien comments paint

1851

01:12:29,270 --> 01:12:26,400

undercover et are both available as

1852

01:12:31,350 --> 01:12:29,280

ebooks and my other uh first books the

1853

01:12:35,430 --> 01:12:31,360

zeta message connect to all beings and

1854

01:12:37,350 --> 01:12:35,440

oneness human by days later by night and

1855

01:12:40,390 --> 01:12:37,360

extraterrestrial presence on earth

1856

01:12:43,430 --> 01:12:40,400

lessons in history are as available as

1857

01:12:45,189 --> 01:12:43,440

print books on amazon

1858

01:12:47,510 --> 01:12:45,199

great thank you for that and again like

1859

01:12:49,189 --> 01:12:47,520

i said it's all the description below so

1860

01:12:50,390 --> 01:12:49,199

if some of you didn't catch the spelling

1861

01:12:51,910 --> 01:12:50,400

of the youtube channel

1862

01:12:52,709 --> 01:12:51,920

it's all down there

1863

01:12:54,870 --> 01:12:52,719

so

1864

01:12:57,910 --> 01:12:54,880

judy thank you again i'm glad we're able

1865

01:12:59,270 --> 01:12:57,920

to connect and do this and uh so i

1866

01:13:01,350 --> 01:12:59,280

appreciate you doing this and i hope we

1867

01:13:03,590 --> 01:13:01,360

can do this again in the future sometime

1868

01:13:05,669 --> 01:13:03,600

nobody always welcome here

1869

01:13:06,790 --> 01:13:05,679

i'd love to adnan thank you so much for

1870

01:13:09,030 --> 01:13:06,800

having me

1871

01:13:10,950 --> 01:13:09,040

great well everyone else watching thank

1872

01:13:12,790 --> 01:13:10,960

you very much for tuning in um i

1873

01:13:15,110 --> 01:13:12,800

appreciate it uh please check out some

1874

01:13:17,430 --> 01:13:15,120

of judy's work and i hope you tune in

1875

01:13:19,830 --> 01:13:17,440

next time next week on wednesday we

1876

01:13:21,590 --> 01:13:19,840

should have open lines so you can call

1877

01:13:23,830 --> 01:13:21,600

in over telegram to share some of your

1878

01:13:27,110 --> 01:13:23,840

own stories and i certainly hope you do

1879

01:13:28,870 --> 01:13:27,120

so until then you take